



REDWOOD PSYCHOLOGICAL ASSOCIATION

A CHAPTER OF THE CALIFORNIA STATE PSYCHOLOGICAL ASSOCIATION

P.O. Box 15209 • Santa Rosa, CA 95402

www.redwoodpsych.org

RPA DIALOG

February 2006 (Volume 13, #1)

ETHICS WORKSHOP PLANNED FOR MARCH 11TH

Attorney and psychologist Steven Frankel will present an ethics workshop at the Scottish Rite Center on March 11th, 9am to 1pm. This workshop meets the ethics requirement for BOP licensing renewal. Doors will open to the dining hall at 8:30am where early birds can meet for coffee and sweets. The dining hall will be open during the break for those who have brought snacks, as nothing but water can be taken into the meeting room. Cost for members is \$50, non-members \$75. Come...bring your friends. Those non-members joining RPA prior to or at the door can pay the \$50 fee also. Please use the registration form on the last page of this newsletter.

SPRING CEUS STARTED FEB 13TH

On Monday, February 13th, RPA member Jeff Martin presented "Depth Behavior Therapy for Anxiety Disorders" at noon in Santa Rosa, 1551 Montgomery St., at the First United Methodist Church in the MacMillan room. Sixteen people gathered to hear Jeff and earn their CEU units. These noon presentations are \$25 if you are wanting the 1 unit of CEU credit (\$35 for nonmembers) and free to those who don't want credit. Bring your lunch, learn something new and meet your fellow RPA members.

Mark your calendars for the upcoming Monday noon presentations; April 24th and July 10th, 2006. Topics and presenters will be announced. Are you interested in being a presenter? Contact any RPA board member if you have a topic you want to present. Presentations are either an hour or an hour and a half. You'll be received by a friendly and receptive audience.

2006 CPA CONVENTION – MARCH 23-26, 2006 SAN FRANCISCO

You can earn up to 28 continuing education credits, including courses required for re-licensure, at the upcoming CPA Convention being held this year in San Francisco. Browse the website and you'll see workshops ranging from Aging and Long Term Care, to Zen and the Art of Psychotherapy.

President: Carol Weser, PhD (707-526-2288)

Vice-President: Milton E. Harris, PhD (707-579-3140)

Past-President: Michael Pinkston, PhD (707-575-7230)

Secretary: Tesa Carlsen, PhD (707-996-8222)

Treasurer: Victor Howard, PhD (707-539-6355)

CPA Chapter Representative: Michael Pinkston, PhD (707-575-7230)

Newsletter Editor: Tesa Carlsen, PhD (707-996-8222)

Find out all the details and register online by visiting the CPA website at:

<http://www.calpsychlink.org/convention/index.htm>

HAVE YOU RENEWED YOUR RPA MEMBERSHIP?

If you have not renewed your RPA membership, it is past the time to do so. If you are not sure whether you have renewed your membership, email Milt at miltonharris@sbcglobal.net. Renewal forms, which were included in the last newsletter, can be printed from the RPA website at www.redwoodpsych.org. This will be your last mailing if you don't renew.

RPA OFFICERS CHOSEN

Your 2006 officers are: Carol Weser, President
Milt Harris, Vice-President
Tesa Carlsen, Secretary
Victor Howard, Treasurer
Michael Pinkston, PhD, CPA Chapter Representative

WELCOME TO OUR NEW RPA MEMBERS

Barbara Bachmeier	Kristine Duffin
Janet Hack	Mary LaGue
Susan Skolek	Debra White

RPA LISTSERVE

To join or rejoin the list serve, go to www.groups.google.com. It will take you to the Google groups page. Hit "Join" next to New Users, then follow the instructions. If you have any problems signing up, contact the listserv administrator Milt Harris (miltonharris@sbcglobal.net). RPA members have a wealth of information and experience. Asking questions on the listserv puts you in contact with this rich resource and increases connection within our community. Check it out. Milt Harris is happy to assist you if you are new to listserves. Email him at the above email address if you need help or have questions.

RPA ETHICS COMMITTEE OFFERS CONSULTATION

For consultation regarding ethical issues in your practice, you can contact RPA ethics committee members:

Bill McCausland (546-5742) - Jan/Feb	Jeff Kahn (546-4349) - Mar/Apr
Michael Pinkston (575-7230) - May/June	Ann Strack (762-6216) - July/Aug

ARE YOU PLANNING A VACATION FOR 2006?

It's a good time to update your Therapist Will. A little paranoid? Maybe, but it's good practice maintenance too. Here are some important guidelines for making a will.

* **Client records.** The executor must know where the records are kept, and the records should be organized into groups of current and past clients. Record-keeping guidelines set by state law, as well as by APA's Ethics Code, should be followed by the professional executor.

* **Billing and financial records.** The professional will should specify the location of these documents so that outstanding bills and transactions can be managed.

* **Appointment book and patient contact information.** Patients should be notified of a psychologist's death or illness--before they show up for next appointments.

* **E-mail and voice mail access codes, and keys to the psychologist's office, file cabinets and storage facility.** Executors will need full access to the practice.

* **Patient notification.** Some psychologists may choose to have their patients notified in writing, through a notice in the newspaper or by phone. Others might leave the method up to the professional executor.

* **Liability insurance.** Malpractice carriers should be notified as soon as possible of a psychologist's death or illness.

There is no one way to create a Therapist Will. These guidelines are from the APA Monitor, February 2003, and are designed to assist you in the process of creating one that fits your practice.

PRESIDENT'S MESSAGE -- Carol Weser, Ph.D

First and foremost, I want to thank you all for electing us to the RPA Board of Directors. But...I hope that there will be new faces on that Board next year; please consider joining us. I do regret Wendy Holloway's decision not to run again, for her ideas and energy were so valuable. Plus I will miss her for who she is. However, I am joyous to have Tesa Carlsen added as Secretary and Newsletter editor, and I am absolutely sure I will enjoy her presence too. Another regret; not having Jules Dantin around as editor; she did an incredible job. In writing this I am aware of what wonderful human beings we have at RPA to work along side of.

Yet more praise, this time for Meghan Tiedemann-Fuller who stepped in to the CEU coordinator position at a time of crisis and has pulled everything together. This is even more remarkable because she is not yet licensed but is doing such an efficient job. Thank you Meghan.

But all is not praise. There are among you (and you know who you are) who have not yet submitted your referral blurb for the website. You can submit a blurb of 25 words

plus a link to your own web site should there be one. Remember that you are limited to 25 words; any more and the blurb will be edited. The URL will not counted in the 25 word blurb and will go right below where the current e-mail address is, followed by the 25 word bio. Email your blurbs to our web mistress Lea Goode-Harris at goode-harris@sbcglobal.net.

I don't know if you all followed the discussion about this on the list serve of a few months ago (join the free RPA private list serve if you haven't, via Milt Harris) where Andrew Leeds drew our attention to the CPA link for their information and referral site at <http://www.calpsychlink.org/resources/doctorreferral.htm> where we haven't been listed because we have no referral phone service. Andrew pointed out that the Santa Barbara chapter merely has a link to their web page with individual blurbs similar to those we have now instituted. Now that we are posting our individual blurbs, our CPA rep, Michael Pinkston, will get us added to the CPA site so that we might receive increased and appropriate referrals. So, get those blurbs to Lea and I'll quit nudging you. And then I can stop using that odd word: blurb.

EDITOR'S NOTE -- Tesa Carlsen

As you read in the last newsletter, Juliet has edited her last edition and has officially handed over the job to me. I'm looking forward to "filling her shoes," so to speak. All this time, reading the newsletter, I didn't much think about what went into the making of it. I just read it, marking the event dates on the calendar, gleaning the tid-bits Juliet pulled from her sources to educate and inform all of us. So, thanks, Juliet, for your behind-the-scenes tending of the newsletter these three years. We appreciate your efforts.

The next newsletter will be out in April. Announcements and ads can be sent to me via email at Tesahc@sbcglobal.net or call me at 996-8222. If you want an ad repeated, let me know that also. Please put "RPA Newsletter" or "newsletter ad" in the subject line so I can catch it easily even if my Mac doesn't recognize your email address and sends it to Junk mail. Both ads and announcements are free for RPA members and cost \$25 for nonmembers.

ADS AND ANNOUNCEMENTS

OFFICE FOR RENT LARGE VIEW OFFICE in quiet, well appointed suite available full time. Suite-mates are two psychologists and one psychiatrist. Waterfall Towers, 2455 Bennett Valley Road, Santa Rosa. \$733 monthly rent includes full service except phone. Office includes separate walk-in closet for desk/files. Suite includes refrigerator, microwave, fax machine, copy machine, comfortable waiting room, ample parking, and broadband option. The suite is exceptionally quiet with specially constructed walls and doors as well as separate egress. For information contact Keith Bridges at 546-5327 or Cynthia Ferrera at 525-9067.

PART-TIME OFFICE SPACE to share in large fully furnished office. Waterfall Towers, 2455 Bennett Valley Road, Santa Rosa. For information, call Keith Bridges, 546-5327.

PRIVATE PRACTICE OFFICE available for sublet. Mon, Tues, Thurs before 2:30 p.m.; Wed after 2:30 p.m.; Friday after 12:00 noon; all Sat and Sun. Wheelchair accessible, parking lot, quiet building. Second office available MWF. 625 Cherry Street, Santa Rosa. Call Debra White, Ph.D. (707) 573-8890.

OFFICE SPACE Beautiful, fully appointed office including full Sandtray set up. One wall is all windows and looks out on garden. In Waterfall Towers. Available Mondays \$135/mo. Cynthia Kohles, Ph.D. 529-5942.

POSITION AVAILABLE: PROGRAM MANAGER, Southwest Community Health Center, Santa Rosa. Qualifications: valid California LCSW or Clinical Psychology License; 3 years post-license clinical experience; 2 years experience managing health/social service program; and cross-cultural work experience. Bi-lingual Spanish speaking skills strongly preferred. Prefer experience with substance abuse/dual diagnosis, and/or chronic pain clients, and experience with a variety of therapeutic modalities.

Will develop and administer Mental Health Services program, supervise staff, become integral part of clinical/administrative team; work as key member of the leadership team.

To apply email resume to fhrecruits@att.net, subject: "MHS Program Manager," or by mail: Southwest Community Health Center, 751 Lombardi Court, Santa Rosa CA 95407 ATTN: HR – MHS Program Manager Recruiting.

SYMPOSIUM ON CREATIVE ARTS THERAPIES IN SAN FRANCISCO

First Annual Creative Arts Therapies Symposium of the Dance Therapy Institute

"Wisdom of the Arts in Life, Therapy and Research"

March 9-11, 2006

Fort Mason Conference Center

San Francisco

Dr Ilene Serlin will give 2 presentations:

- "Kinaesthetic Imagining for Women Living with Breast Cancer"

March 9, 1 - 3 PM.

- "Dance Movement Therapy for Women with Breast Cancer: a Comparative Approach" with Anne Krantz & Nandi Szabo

March 10, 3:30 - 5:30 PM.

For more information or to register, go to the Creative Arts Therapies Symposium website <http://www.dancetherapyinstitute.org/symposium/CATS.html>.

DVD/VIDEOTAPE RELEASES

Dr. Serlin has been involved in the production of two new DVDs

- "Dance Movement Therapy for Women with Breast Cancer" -- an 11-minute educational DVD about the use of dance therapy for women living with breast cancer.
- "Conversation with Laura Perls" -- This conversation with Laura Perls, a co-founder of Gestalt therapy, gives a perspective to the history of Gestalt by showing a feminine approach that emphasizes support and the arts rather than confrontation.

TO ORDER: go to the Starfish Health Partners website

<http://www.starfishpartners.com/provider/profile/products.php?providerUid=451>

**REGISTRATION FORM
ETHICS WORKSHOP, MARCH 11TH
Scottish Rite Center
600 Acacia Lane, Santa Rosa
9am to 1pm**

Name _____

Address _____

Telephone _____

Members pay \$50. \$45 if post-marked by March 5th. Non-members pay \$75
Non-members joining RPA upon registration for workshop may pay
member fee.

Please make check payable to RPA and mail to:

RPA
P.O. Box 15209
Santa Rosa, CA 95402