



# REDWOOD PSYCHOLOGICAL ASSOCIATION

A CHAPTER OF THE CALIFORNIA STATE PSYCHOLOGICAL ASSOCIATION

P.O. Box 15209 • Santa Rosa, CA 95402

[www.redwoodpsych.org](http://www.redwoodpsych.org)

## RPA DIALOG

August/September 2007 (Volume 14, #4)

### CEU PRESENTATIONS

**Monday, October 15, 12pm** - Somatic Experiencing Trauma Therapy

Presented by Joe Persinger, PhD. A body oriented approach to working with Post-traumatic stress syndrome, including the dysregulation of the ANS, anxiety, depression, auto-immune syndromes, substance abuse and myofascial pain.

These noon presentations are held at the First United Methodist Church in the MacMillan room, in Santa Rosa, 1551 Montgomery Street. Fee is \$25 for 1 unit of CEU credit (\$35 for nonmembers) and free to those who don't want credit. Bring your lunch, and learn something new.

## Detection of Deception

a practical introduction to recognizing facial cues to deceit

**presented by Maureen O'Sullivan, PhD of UCSF and the Ekman Group**

Saturday, September 29, 2007, 9:00 to 4:00 The Scottish Rite (600 Acacia Lane, Santa Rosa)  
6 Hours CE, Lunch Included. Registration form in this newsletter.

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Following the workshop there will be a catered appetizer and wine reception with Dr. O'Sullivan and workshop attendees who are local psychology association members. The reception will be from 4:30 - 7:00 at the home of Milt Harris and Lea Goode-Harris: 1011 Benton Street, Santa Rosa (corner King & Benton) We look forward to seeing you!

We're looking for volunteers to help register attendees.  
If you are interested, please call Tesa Carlsen at 996-8222

President: Milt Harris, PhD (707-579-3140)  
Vice-President: Tesa Carlsen, PhD (707-996-8222)  
Past-President: Carol Weser, PhD (707-526-2288)  
Secretary: Position open  
Treasurer: Victor Howard, PhD (707-539-6355)  
CPA Chapter Representative: Michael Pinkston, PhD (707-575-7230)  
Newsletter Editor: Tesa Carlsen, PhD (707-996-8222)



*President's Column*  
by Milt Harris, Ph.D.

### **Human Rights, Torture, the APA, and You**

At the convention this month, APA voted to ban members from participating in about 20 extreme interrogation techniques, but stopped short of banning members from participating at interrogation centers where prisoners are kept contrary to international or United States constitutional law. Because the AMA and the other APA (American Psychiatric Association) have banned their members from serving in interrogations

contrary to international and/or American constitutional law, psychologists currently are alone in lending "mental health" support to interrogations of "War on Terror" prisoners held without basic legal safeguards.

As a member of APA, I thought long and hard about signing a petition (<http://www.ethicalapa.com/>) pledging to withhold dues unless our ethics code was changed to prohibit psychologists' participation in interrogations where legal and human rights were violated.

On the PRO side (of signing), I considered that I didn't want to be associated with an organization that "looked the other way" from fundamental human rights abuses. I also considered that our APA's not taking a stand was particularly craven and self-interested, inasmuch as the armed services have promoted psychology in many ways, including taking the lead with pilot programs conferring prescription privileges to PhDs. Signing the petition would send a message of passionate disgust to the APA leadership.

On the CON side (against signing), I considered that not all psychologists are clinicians; many consider themselves to be scientists rather than healers; all are fortunately under the APA umbrella (at least for now; there have been historic movements for secession by the non-clinicians, and clinicians now pay higher dues). There is a distinction between professional ethics and personal ethics. A profession representing itself as working for the benefit of mankind should have an ethics code prohibiting behaviors contrary to human rights, but professions with lesser ideals have less necessity for such a code, and can leave many ethical decisions to the personal feelings of their members. Thus, a plumber asked to install water-boarding hardware at Guantanamo would consult personal ethics; it would be unrealistic to expect a Plumber's Association to have an ethical position in this matter, where

human rights conflict with political decisions. In the same way, an APA member specializing in an aspect of psychology not concerned with human welfare appropriately might not want to subject himself or herself to a professional ethics code telling him or her where to work. Not signing the petition would help preserve the integrity of APA by not requiring non-clinicians to subscribe to an ethics code that might be more idealistic than they desire.

In the end, I decided, proudly, to add my name to the petition. I nevertheless expect I will probably still pay my dues. Right now, 66 percent of RPA members belong to APA; I would encourage the rest of you to join. After all, how can you threaten to withhold your dues if you're not a member?

I find myself wondering if RPA should take a position against the participation of clinical psychologists in interrogations contrary to international law. I would be proud to publish such a position paper to CPA (of which we are a chapter) and APA (of which CPA is a chapter), but I would only support such an action if there were no adverse polarizing effect on RPA (i.e., if the chapter was at least 90-95 percent in favor). I'd appreciate hearing from members who would or would not support the position; if sufficient positive, and sufficiently few negative, responses are received, the next step would be a chapter-wide vote. If you have strong feelings either way, please email or mail me.

Milton E. Harris  
RPA President



# Detection of Deception

a practical introduction to recognizing  
facial cues to deceit

presented by

Maureen O'Sullivan, PhD  
of UCSF and the Ekman Group

under the auspices of  
Redwood Psychological Association

Saturday, September 29, 2007, 9:00 to 4:00  
The Scottish Rite (600 Acacia Lane, Santa Rosa)  
6 Hours MCEP (BOP and BBSE)  
Lunch Included

This useful and fascinating workshop is suitable for therapists, other health care professionals, attorneys, and law enforcement personnel. Dr. O'Sullivan, an internationally-respected researcher and speaker, will present guides to observing subtle, partial, and microexpressions, typically undetectable by the untrained, that often indicate masking, misdirection, inconsistency, and/or discomfort. Her presentation includes tachistoscopically-presented facial stimuli for pre-testing and post-testing participants' detection abilities, didactic instruction, and illustrative film clips. The class, similar to those provided in law enforcement, legal, business, and mental health venues worldwide, is based on many decades of research pioneered by Paul Ekman and Sylvan Tomkins. Workshop participants will improve their abilities to detect deception cues in others' facial expressions.

Cost of the workshop is \$120 (\$90 for RPA members)  
Deduct \$10 for registration received prior to 9/15/07<sup>1</sup>  
Deduct \$20 for registration received prior to 8/15/07<sup>1</sup>

<sup>1</sup>Pre-registrations are non-refundable, but they may be transferred to persons not yet registered

**Register early, as space may be limited. Persons attempting to register on the day of the event should plan to arrive no later than 8:30 if BOP/BBSE CEUs are requested.**

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Enclosed is [            ] for [    ] participant(s) in the 9/29/07 Detection of Deception workshop.

Name:

Address/Phone:

Profession (circle one): Psychologist MFT LCSW MD/DO RN ATTY LAW-ENF OTHER (specify):

License Number (Psychologists, MFTs, and LCSWs requesting MCEP units):

Mail to:    **Redwood Psychological Association, P.O. Box 15209, Santa Rosa 95402**

## Announcements and Ads

### **COLLEGE AVE PSYCHOTHERAPY OFFICE**

for lease including complete furnishings and play therapy materials. The larger suite includes waiting room, kitchen, and conference room. \$500/month + tel John 707 319-2607

### **OFFICE SPACES FOR LEASE** in Downtown

Petaluma. Historical building w/spacious garden & pond. Rooms also avail for occasional group use or workshops. Contact Rob at (707) 849-6564

### **HANLON MEDICAL BILLING**

Electronic billing for faster reimbursement. HIPAA compliant. Personal service and accountability that comes from an owner-operated business. All follow-up handled by me so you don't have to. Individual practices and groups welcome. References available. Contact Heather Hanlon @ 707-579-9225 or [hanlonbilling@mac.com](mailto:hanlonbilling@mac.com).

### **PSYCHOLOGY RESEARCH PARTICIPANTS NEEDED**

Do you consistently experience problems and conflicts related to food, eating, and weight? Short term, experiential research study that will explore working with problematic eating behaviors through engagement with positive inner images.

One individual telephone interview, two group research meetings. Must be a woman 18-40 years old who regularly engages in problematic eating behavior that undermines a positive sense of self.

For more information for you or your clients, reply to Gaile Pare, M.A. (707) 318-8718 Request for info and any participation strictly confidential.

### **RPA SEEKING CEU PRESENTERS FOR MONDAY NOON SERIES**

We are looking for presenters for future CEU presentations. These are casual events with a friendly and receptive audience of about 12 to 15 people. We have had presentations on eating disorders, labyrinths, anxiety disorders, Solution-Focused Brief Therapy, the use of genograms, and most recently, executive function and brain evolution. Call any member of the RPA board if you would like to share your expertise.

**Kristine Duffin** has resigned from her position of secretary on the RPA Executive Board for personal reasons. Thank you, Kristine, for your participation and contributions to the organization.

### **RPA ETHICS COMMITTEE OFFERS CONSULTATION**

For consultation regarding ethical issues in your practice, you can contact RPA ethics committee members:

Michael Pinkston (575-7230) - Sept/Oct

Ann Strack (762-6216) -Nov/Dec

Bill McCausland (546-5742) - Jan/Feb

Jeff Kahn (546-4349) - July/Aug

## The Book Corner

### *What your Colleagues Are Reading This Summer*

*Sandra Shelley, Ph.D., says,*

I'm in a mode of researching the connecting fibers of neuroscience, attachment theory, mindfulness, affect theory, play, and trauma....Just finished David Wallin's book (newly released) "Attachment in Psychotherapy" which addresses most of the above....

I do have a pile of books: Interpreter of Maladies by Jhumpa Lahiri which is a compilation of nine stories that, quote: "Unerringly chart the emotional journeys of characters seeking love beyond the barriers of nations and generations. With accomplished precision and gentle eloquence, Lahiri traces the crosscurrents set in motion when immigrants, expatriates, and their children arrive, quite literally, at a cultural divide."

I've only read two stories, but find her writing deliciously delicate, descriptively precise and psychologically evocative in the telling of these stories. She won the Pulitzer Prize for this book published in 1999.

#### **FROM THE EDITOR'S DESK -- Tesa Carlsen, PhD.**

**Pre-licensed members:** RPA Dialog is hoping to include the voices of those of you who are students, post-doc, and those in the midst of the licensing process. We'd like to include a column that addresses your specific needs and concerns. We're looking for your input. What's working, what's not. Let us know of your successes. We would like to hear from some adventurous souls interested in chronicling the journey. Call Tesa at 996-8222 or email [DrTesa@mac.com](mailto:DrTesa@mac.com)

#### **You can now go to the RPA website to access past issues of the RPA Dialog.**

The next newsletter will be delivered in late October. Announcements and ads can be sent to me via email at [DrTesa@mac.com](mailto:DrTesa@mac.com) or call me at 996-8222. If you want an ad repeated, let me know that also. Please put "RPA Newsletter" or "newsletter ad" in the subject line. Both ads and announcements of approximately 100 words are free for RPA members and cost \$35 for nonmembers.

## CALENDAR of EVENTS

### Monday CEU Presentations

**October 15th, 2007** Joe Persinger, PhD presenting Somatic Experiencing Trauma Therapy

### Upcoming Workshop

**Detection of Deception:** a practical introduction to recognizing facial cues to deceit presented by Maureen O'Sullivan, PhD

**September 29, 2007**, Saturday, 6 hour MCEP, lunch included

"The thing that is really hard, and is really amazing, is giving up on being perfect and beginning the work of becoming yourself." Anna Quindlen- writer



Check out [www.redwoodpsych.org](http://www.redwoodpsych.org)

Access past issues of the RPA Dialog on the website

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