



REDWOOD PSYCHOLOGICAL ASSOCIATION

A CHAPTER OF THE CALIFORNIA STATE PSYCHOLOGICAL ASSOCIATION

P.O. Box 15209 • Santa Rosa, CA 95402

www.redwoodpsych.org

RPA DIALOG

June 2007 (Volume 14, #3)

CEU PRESENTATIONS

Monday, July 16th 12pm - Panel Discussion on Prescription Privileges for Psychologists

This panel presentation will provide information regarding the clinical and practical issues related to prescription privileges (RxP) including 1) the history and development of the movement towards RxP, 2) patients' needs addressed by RxP, 3) an overview of training, liability, and best practices, 4) challenges to RxP and the arguments advanced by opponents to the movement.

Panelists: Rosa Thomas Lawrence, PhD, Michael Fraga, PsyD, Frank Lucchetti, EdD

Monday, October 15, 12pm - Somatic Experiencing Trauma Therapy

Presented by Ariel Scheretto, PhD

These noon presentations are held at the First United Methodist Church in the MacMillan room, in Santa Rosa, 1551 Montgomery Street. Fee is \$25 for 1 unit of CEU credit (\$35 for nonmembers) and free to those who don't want credit. Bring your lunch, and learn something new.

Sponsored by Redwood Psychological Association

Detection of Deception: a practical introduction to recognizing facial cues to deceit-
presented by Maureen O'Sullivan, PhD of UCSF and the Ekman Group

Saturday, September 29, 2007, 9:00 to 4:00 The Scottish Rite (600 Acacia Lane, Santa Rosa)
6 Hours CE, Lunch Included. Registration form in this newsletter.

President: Milt Harris, PhD (707-579-3140)

Vice-President: Tesa Carlsen, PhD (707-996-8222)

Past-President: Carol Weser, PhD (707-526-2288)

Secretary: Kristine Duffin, Psy.D. (707-522-0220)

Treasurer: Victor Howard, PhD (707-539-6355)

CPA Chapter Representative: Michael Pinkston, PhD (707-575-7230)

Newsletter Editor: Tesa Carlsen, PhD (707-996-8222)



President's Column

by Milt Harris, Ph.D.

I hope you all are gearing up for a great summer. We are excited about the Detection of Deception workshop set for Saturday 9/29/07 with Dr. Maureen O'Sullivan of the Ekman Group. Charles Pengra and I attended Dr. O'Sullivan's course in Napa last year, and were mightily impressed. It is a highly practical workshop, developed and refined over many presentations to mental health, law enforcement, legal, and business professionals. It won't teach you how to be a human lie detector, but will show you how to identify facial expressions that may otherwise mislead you. Therapy may be enhanced because subtle and

microexpressions can reveal affect of which the client is unaware. Observations of political candidates are meaningfully deepened (only yesterday I detected a potentially misleading statement in a prominent leader, using only lip dynamics (i.e., they were moving). Some of our poker-playing members undoubtedly will register; don't be left behind. The workshop earns 6 CEUs, and includes lunch. Do a friend a favor and encourage him/her to come.

Welcome to our new RPA associate members

**David Backus, Ph.D.
Susan Moran, Psy D.**

Military Psychologists at Forefront of Systematic Abuse of Detainees

Note: On June 20th, RPA President, Milt Harris, received an email from Steven Reisner, a psychoanalyst and a member of Division 39 of the American Psychological Association - the psychoanalysis division. Reisner is a faculty member at NYU Medical School and at the International Trauma Studies Program at Columbia University. He is also the director of a theater group called Theater Arts Against Political Violence, which creates works of theater derived from dialogues with people who have been victims of political violence, torture and exile, and with those who work on the front lines of human rights interventions with such people.

Reisner's email was sent to APA members with the request that the email be posted on organization list serves. With email overload, it is easy to hit the delete button without fully appreciating the message therein. The email is repeated here for those who missed this important piece of our profession's history.

Dear Fellow Member of the APA:

Our organization is in the midst of what may become the biggest crisis in our professional history. It turns out that the Department of Defense's Office of the Inspector General (OIG) had undertaken an investigation into abusive interrogations at Guantánamo Bay, Abu Ghraib, elsewhere in Iraq, and in Afghanistan. The OIG's report (<http://www.fas.org/irp/agency/dod/abuse.pdf>) verified what many of us were afraid was the case: psychologists in the military and in the intelligence agencies have been at the forefront of the systematic abuse of detainees in each of these locations.

This is not to say that abuses did not happen elsewhere and by others. The photographs from Abu Ghraib, and many other official reports from Iraq, Afghanistan and Guantánamo depict abuses perpetrated by contractors and lower level soldiers, but they were not the originators of the abuse policy. What the OIG's report verifies is that detainee abuse was part of a widespread program to apply brutal techniques systematically to detainees, and that these techniques, and standard operating procedures, were developed and supervised by military and intelligence psychologists. The release of the OIG report has, according to the New York Times, prompted Senator Carl Levin, Chair of the Senate Armed Services Committee to call hearings into these crucial issues.

A group of concerned psychologists has written an Open Letter to President Brehm apprising her of the import of these findings. We have implored Dr. Brehm to take action to dissociate the APA and psychologists from participating in these terrible practices, and to realign APA policies with our Ethics Code injunction to "take care to do no harm." Physicians for Human Rights, too, has written a letter to President Brehm, urging her to take a position against these psychologists' participation in these interrogations and to support the Moratorium Resolution (Council Resolution 22307), which the Council of Representatives will vote on in August at the APA Convention in San Francisco. This Resolution calls for: "a moratorium on all psychologist involvement, either direct or indirect, in any interrogations at U.S. detention centers for foreign detainees. This moratorium is necessary as detainees may be currently denied protections outlined under the Geneva Conventions and interrogations techniques in violation of the 2006 APA Resolution Against Torture and Other Cruel, Inhuman, or Degrading Treatment or Punishment may be considered acceptable practice according to the Military Commissions Bill of 2006."

I urge you to post and discuss these issues on your list serve. If you also desire to see APA policy changed, so that we will no longer be associated with abusive interrogations, I urge you to become a

co-signer of the Open Letter. You can do so at: <http://www.ipetitions.com/petition/BrehmLetter/>. I urge you, too, to contact your Council Representative and discuss your views.

And if you have any questions, feel free to contact me or any of the concerned psychologists named below.

Sincerely,
Steven Reisner

Steven Reisner
SReisner@psychoanalysis.net

Office: 212-633-8391
Cell: 646-415-1413

Stephen Soldz
ssoldz@bgsp.edu

Phone: 617-469-3576
Cell: 617-935-4246

Brad Olson
b-olson@northwestern.edu

Cell: (773) 308-6461

Note: Further sources of reading and investigation:

<http://www.ipetitions.com/petition/BrehmLetter/>. for the open letter to Dr. Brehm

<http://physiciansforhumanrights.org/library/letter-2007-06-14.html> :letter to Dr. Brehm from Physicians for Human Rights

www.democracynow.org/article.pl?sid=06/06/16/1355222: debate on whether doctors, psychiatrists and psychologists should participate in military interrogations

Excerpt from the introduction: Last week, The New York Times reported that the Pentagon would try to use only psychologists, and not psychiatrists, to help in interrogations. Why? Because the American Psychiatric Association recently adopted a new policy discouraging its members from participating in military interrogations. As did the American Medical Association. But their counterpart, the American Psychological Association has not.

http://psychoanalystsopposewar.org/blog/wp-content/uploads/2007/06/whatdod_oig_reportsaysnp.pdf :above mentioned “Q&A: How the Pentagon’s Inspector General Report Contradicts What the APA Has Said About the Involvement of Psychologists in Abusive Interrogations”

<http://itspnyc.org/reisner-bio.html>: Bio of Steven Reisner

Google Steven Reisner, Stephen Soldz, and Brad Olson for their research and professional articles of interest.

The NPI Compliance Deadline is Here!

Reprinted from the Progress Notes of the CPA

At this point, any covered entity that is non-compliant, and has not implemented a contingency plan, is at risk for enforcement action. Please review the April 2, 2007 CMS "**Guidance on Compliance with the HIPAA National Provider Identifier (NPI) Rule.**" As this guidance pertains to claims transactions, it means that:

1. Providers must have and use their NPI;
2. Clearinghouses must accept and use NPIs;
3. Health plans must accept and send NPIs in claims transactions.

Providers should be:

1. Aware of contingency plans for any health plans they bill. Contingency plans may differ by health plan.
2. Aware that health plans may lift their contingency plans (and require an NPI on claims or other HIPAA transactions) any time before May 23, 2008.
3. Working with vendors and clearinghouses with whom they contract, to make sure the NPI is being passed to health plans.
4. Paying close attention to how and when health plans will be testing implementation of the NPI.
5. Aware that, for those health plans that did not establish a contingency plan, providers are required to use their NPIs now. This means that if you are not using your NPI, your claim may be rejected or denied.

New Tip Sheet Available

A Tip sheet entitled **What the "Guidance on Compliance with the HIPAA National Provider Identifier (NPI) Rule" Means for Health Care Providers** is now available at:

<http://www.cms.hhs.gov/NationalProvIdentStandard/Downloads/ContingencyTipSheet.pdf>

This product provides helpful steps for providers based on the contingency guidance released on

April 2, 2007. This guidance does not mean that providers have an extra year to get an NPI, so please view the Tip Sheet for additional information.

Sharing NPIs

Once providers have received their NPIs, they should share them with other providers with whom they do business, and with health plans that request them. In fact, as outlined in current regulation, providers who are covered entities under HIPAA must share their NPIs with any entities that request them for use in standard transactions -- including those who need to identify ordering or referring physicians/providers. Providers should also consider letting health plans, or institutions for whom they work (e.g. a large hospital system), share their NPIs for them.

When to Contact the NPI Enumerator for Assistance

Providers should remember that the NPI Enumerator can only answer/address the following types of questions/ issues:

- Status of an NPI application, update, or deactivation
- Forgotten/lost NPI
- Lost NPI notification letter
- Trouble accessing NPPES
- Forgotten password/User ID
- Need to request a paper application

Providers needing this type of assistance may contact the enumerator at 1-800-465-3203, TTY 1-800-692-2326, or email the request to the NPI Enumerator at CustomerService@NPIenumerator.com .

Important Information for Medicare Fee-For-Service (FFS) Providers

Testing Medicare Claims

To date, Medicare has encouraged providers to submit both an NPI and a legacy identifier on

claims. Medicare is now asking that submitters send a small number of claims using only the NPI. If no claims are rejected, the submitter can gradually increase the volume. If any claim is rejected, the NPI should be verified to make sure it was entered correctly. If the NPI is correct, then data in either NPPES or Medicare provider files should be corrected. The following fields in your NPPES and/or 855 provider enrollment record should be validated:

EIN (for organization providers)

Other Provider Identification Numbers. This is where providers, when they apply for their NPIs, list the Medicare legacy identifier(s) that needs to be linked to the NPI.

Practice Location Address

Master Address (from provider enrollment records)

Other Address (from provider enrollment records)

Legal Name or Legal Business Name

Once this has been done, test again with a small number of claims. This process will help establish confidence that your claims will be paid. It is critical that you start testing with your NPI now.

While Medicare FFS has announced its contingency plan, it is committed to ending the contingency plan as soon as possible.

Medicare FFS Contingency Plan

Announced on April 24th

View the associated Change Request at <http://www.cms.hhs.gov/transmittals/download/R1227CP.pdf>, as well as the related MLN Matters article at

<http://www.cms.hhs.gov/MLNMattersArticles/downloads/MM5595.pdf> on the CMS website.

These materials were recently revised; please be sure to visit the links above for the latest information.

NPI MLN Matters Articles

There are many MLN Matters articles dealing with various topics of NPI relative to the Medi-

care program. These MLN articles are available at http://www.cms.hhs.gov/NationalProvIdentStand/Downloads/MMArticles_npi.pdf

Additional Information

More information and education on the NPI can be found at the CMS NPI page www.cms.hhs.gov/NationalProvIdentStand on the CMS website. Providers can apply for an NPI online at <https://nppes.cms.hhs.gov> or can call the NPI enumerator to request a paper application at 1-800-465-3203.

Getting an NPI is free - not having one can be costly.

New Medicare/NHIC Mental Health Services Billing Guide

Reprinted from the Progress Notes of the CPA

Psychologists who provide Medicare services can review the new update to the mental health services billing guide online at http://www.medicarenhic.com/providers/pubs/menthlth_apr07.pdf

This information guide, in conjunction with the NHIC website (www.medicarenhic.com), Medicare B Resource (quarterly provider newsletter), and special program mailings provides qualified reference resources. Practitioners are advised to check the NHIC website for updates to this guide. To receive program updates, one can join the NHIC mailing list by clicking on "Join Our Mailing List" on the NHIC website. Most of the information in this guide is based on Publication 100-1, Chapter 3; Publication 100-2, Chapter 15; and Publication 100-4 Chapter 12 of the CMS Internet Only Manual (IOM). The CMS IOM provides detailed regulations and coverage guidelines of the Medicare program. To access the manual, visit the CMS website at <http://www.cms.hhs.gov/manuals/>

Announcements

PASSIONATE PARTNERSHIP OFFER

Psychotherapists who have gone on retreat with us are by far our best referral source. For this reason we are making a special offer to RPA members. Attend our next Passionate Partnership retreat; if you do not find our workshop to be a positive, intimacy enhancing experience we will refund your money (including lodging and food). Couples attending our workshops are not asked to disclose intimate information in the group. Also, there is no nudity, nor any overtly sexual practices within the group. Day-long September 22, Four-day retreat October 18. (To take advantage of this offer, register by August 1.) Jim & Felicia Matto-Shepard
762-1670 www.afterthehoneymoon.org

POSITION AVAILABLE Part-time to full time Clinical Psychologist at Sonoma Valley Community Health Center, a growing, non-profit agency in the Sonoma Valley. We provide affordable medical and psychological services to people of all ages. Bilingual (English/Spanish) with experience working with youth. Hours flexible. Contact Dr. Jerry Silver at jsilver@svchc.org or fax to (707) 939-9563.

PSYCHOLOGICAL ASSISTANT WANTED

Part-time Psychological Assistant. Must be at Postdoctoral level and have training and experience with cognitive-behavioral methods. Training will be primarily in individual and group behavioral medicine and rehabilitation psychology. Supervision according to Board of Psychology regulations. Paid position in Santa Rosa office. Please Fax C.V. and letter on interest with references to Keith Bridges, Ph.D. at 579-7960.

Ads

PRIME OFFICE SPACE sublease is now available in Sebastopol. The suite is in a professional office building, has 1,114 square feet, and includes 4 offices, a waiting room and a mail room. There is excellent, free on-site parking. \$1,900/month. 435 Petaluma Avenue, Suite 110, Sebastopol. Call 303.3201.

Hanlon Medical Billing

Electronic filing of insurance claims and some practice management.

Call Heather @ 707-579-9225,
hanlonbilling@mac.com

The Book Corner

“The Wild Trees: A Story of Passion and Daring”

By Richard Preston

Review by Lea Goode-Harris

The last remnants of the northern California virgin redwoods are the backdrop for this moving non-fictional tale of bravery, daring, passions, and the persevering human spirit. Set on the ground, and hundreds of feet above the ground, the lives of several daring young botanists and amateur naturalists weave together in discovering an entire world and eco-system in the cathedral domes of the largest remaining trees on earth. Beautifully written, I fell in love all over again with the Sequoia sempervirens that tower in the memories of my own youth.

“A General Theory of Love” (Vintage, 2001)

by Lewis, Amini, and Lannon, (three generations of psychiatrists from San Francisco)

Review by Milt Harris

“A General Theory of Love” makes sense of psychotherapy from a neurophysiological (and evolutionary) perspective. The book contains reasoned, convincing arguments for the frequent necessity of long-term therapy, and a powerful critique of recent cultural forces that are fundamentally alienating, there by creating generations of lonely, frightened, confused, and unpredictable misfits (whom managed care expects us to normalize in a handful of sessions).

The authors view the experience of love as a mammalian adaptation, mediated by the limbic brain (which does not exist in reptiles, many of whom freely eat their young). According to the authors, the limbic system, most clearly in its phylogenetically early development, created a parent-infant bond, which time subsequently extended to wider social groupings. Thus, the limbic brain enables social interaction.

According to the authors, humans, like most other mammals, need limbic stimulation to survive: human infants deprived of contact die; monkeys merely go mad. Dogs are comforting (and are comforted by humans) because of limbic resonance.

I guess I have always believed that love is the answer, or at least a necessary part of the question, but I despaired of finding an intellectually honest way of approaching these issues empirically. I was surprised that I liked this book. Despite an occasional overextension of evidence, the authors make sound scientific arguments, bridging a gap between brain and “consciousness” that I had assumed was unbridgeable.

What your Colleagues Are Reading This Summer

***Meghan Tiedemann-Fuller, MA, psych assistant, CEU coordinator, says,
“Here's a few from my stacks and stacks...”***

Affect Regulation, Mentalization, and the Development of the Self by Peter Fonagy, Gyorgy Gergely,
Elliot Jurist & Mary Target

Analysts in the Trenches: Street, Schools, War Zones edited by Bruce Sklarew, Stuart Twemlow &
Sallye Wilkinson

Colette by Julia Kristeva

Lea Goode-Harris, Ph.D., RPA Webmistress

Lea's summer reading pile-

A Rather Lovely Inheritance: The Unexpected Adventures of an Incurable Romantic by C. A. Belmont
eat-pray-love: One Woman's Search for Everything Across Italy, India and Indonesia by Elizabeth Gilbert

When The Drummers Were Women: A Spiritual History of Rhythm by Layne Redmond

Dragon Slippers by Jessica Day George

His Dark Materials: The Golden Compass; The Subtle Knife; & The Amber Spyglass by Philip Pullman

The Madonnas of Leningrad by Debra Dean

Heat: An Amatures Adventures As Kitchen Slave, Line Cook, Pasta-Maker, And Apprentice To A Dante-Quoting Butcher In Tuscany by Bill Buford

Milt Harris, Ph.D., RPA President

W.G. Sebald: The Emigrants, Austerlitz, Rings of Saturn, Vertigo (fiction)

Taleb: The Black Swan, Fooled by Randomness (nonfiction)

Lewis, Amini & Lannon: A General Theory of Love (nonfiction)

Tesa Carlsen, Ph.D., RPA Vice-President and Newsletter Editor

Let The Northern Lights Erase Your Name by Vendela Vida

The Mindful Brain by Daniel J. Siegel

Turning Toward the Mystery by Stephen Levine

The Poetry Home Repair Manual by Ted Kooser

Snow Flower and the Secret Fan by Lisa See

The Dharma of Star Wars by Matthew Bortolin

**RPA ETHICS COMMITTEE OFFERS
CONSULTATION**

For consultation regarding ethical issues in your practice,
you can contact RPA ethics committee members:

Jeff Kahn (546-4349) - July/Aug

Michael Pinkston (575-7230) - Sept/Oct

Ann Strack (762-6216) -Nov/Dec

Bill McCausland (546-5742) - Jan/Feb

Detection of Deception

a practical introduction to recognizing
facial cues to deceit

presented by

Maureen O'Sullivan, PhD
of UCSF and the Ekman Group

under the auspices of
Redwood Psychological Association

Saturday, September 29, 2007, 9:00 to 4:00
The Scottish Rite (600 Acacia Lane, Santa Rosa)
6 Hours MCEP (BOP and BBSE)
Lunch Included

This useful and fascinating workshop is suitable for therapists, other health care professionals, attorneys, and law enforcement personnel. Dr. O'Sullivan, an internationally-respected researcher and speaker, will present guides to observing subtle, partial, and microexpressions, typically undetectable by the untrained, that often indicate masking, misdirection, inconsistency, and/or discomfort. Her presentation includes tachistoscopically-presented facial stimuli for pre-testing and post-testing participants' detection abilities, didactic instruction, and illustrative film clips. The class, similar to those provided in law enforcement, legal, business, and mental health venues worldwide, is based on many decades of research pioneered by Paul Ekman and Sivan Tomkins. Workshop participants will improve their abilities to detect deception cues in others' facial expressions.

Cost of the workshop is \$120 (\$90 for RPA members)
Deduct \$10 for registration received prior to 9/15/07¹
Deduct \$20 for registration received prior to 8/15/07¹

¹Pre-registrations are non-refundable, but they may be transferred to persons not yet registered

Register early, as space may be limited. Persons attempting to register on the day of the event should plan to arrive no later than 8:30 if BOP/BBSE CEUs are requested.

Enclosed is [] for [] participant(s) in the 9/29/07 Detection of Deception workshop.

Name:

Address/Phone:

Profession (circle one): Psychologist MFT LCSW MD/DO RN ATTY LAW-ENF OTHER (specify):

License Number (Psychologists, MFTs, and LCSWs requesting MCEP units):

Mail to: **Redwood Psychological Association, P.O. Box 15209, Santa Rosa 95402**

Reminder: New list serve for pre-licensed RPA members!!

Message from your CEU coordinator, Meghan Tiedemann-Fuller, MA, psych assistant

This list serve was developed for pre-licensed members to connect with and support one another in the licensure process as well as to share information about internships, psych assistantships, study groups, dissertation groups, networking, etc. All RPA members who are pre-licensed are welcome to join this list serve. Just send an email to: rpa-pre-licensed-members@googlegroups.com . If your identity is not obvious from your email address, also send me an email at: meghantf@gmail.com, with your name and request.

Licensed members who are interested in supporting the development of pre-licensed members are also invited to contact me with any ideas and suggestions.

(Only a few pre-licensed members are taking advantage of this new list serve. It is new and ready to be shaped to meet your needs, support you, and to build community. Check it out.)

SEEKING CEU PRESENTERS FOR MONDAY NOON SERIES

We are looking for presenters for future CEU presentations. These are casual events with a friendly and receptive audience of about 12 to 15 people. We have had presentations on eating disorders, labyrinths, anxiety disorders, Solution-Focused Brief Therapy, the use of genograms, and most recently, executive function and brain evolution. Call any member of the RPA board if you would like to share your expertise.

FROM THE EDITOR'S DESK -- Tesa Carlsen, PhD.

Pre-licensed members: RPA Dialog is hoping to include the voices of those of you who are students, post-doc, and those in the midst of the licensing process. We'd like to include a column that addresses your specific needs and concerns. We're looking for your input. What's working, what's not. Let us know of your successes. We would like to hear from some adventurous souls interested in chronicling the journey. Call Tesa at 996-8222 or email DrTesa@mac.com

Thanks to our Webmistress, Lea Goode-Harris, we now can go to the RPA website to access past issues of the RPA Dialog. Thanks, Lea!

Even though the June newsletter actually reached you in July, the next newsletter will still be in your hands in August. Announcements and ads can be sent to me via email at DrTesa@mac.com or call me at 996-8222. If you want an ad repeated, let me know that also. Please put "RPA Newsletter" or "newsletter ad" in the subject line. Both ads and announcements of approximately 100 words are free for RPA members and cost \$25 for nonmembers.

CALENDAR of EVENTS

Monday CEU Presentations

July 16th, 2007 PRESCRIPTION PRIVILEGES: AN INFORMATIONAL PANEL DISCUSSION

Panelists: Rosa Thomas Lawrence, PhD, Michael Fraga, PsyD, Frank Lucchetti, EdD

October 15th, 2007 Ariel Scheretto, PhD presenting Somatic Experiencing Trauma Therapy

Detection of Deception: a practical introduction to recognizing facial cues to deceit presented by Maureen O'Sullivan, PhD

September 29, 2007, Saturday, 6 hour MCEP, lunch included

“An open mind is a prerequisite to an open heart. -Robert M. Sapolsky, neuroscientist and author (1957-)

Check out www.redwoodpsych.org



Access past issues of the RPA Dialog on the website

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