



# REDWOOD PSYCHOLOGICAL ASSOCIATION

A CHAPTER OF THE CALIFORNIA STATE PSYCHOLOGICAL ASSOCIATION

P.O. Box 15209 • Santa Rosa, CA 95402

[www.redwoodpsych.org](http://www.redwoodpsych.org)

## RPA DIALOG

August 2008 (Volume 15, #3)

### CEU PRESENTATIONS

**Monday, October 13th** ~ Carol Weser, Ph.D., Sarah Glade Gurney, J.D (attorney) ~

"Resolving Disputes with the Collaborative Process" We will present a format for collaborative practice which allows patients embroiled in conflict with their spouses or grown children, their family of origin, their neighbor, or with business associates, to communicate in an effective manner, using a collaborative team which includes psychologists or other mental health professionals. We will show that this method allows future relationships to be respectful and for co-parenting to be in the best interests of the child. We will also give information on screening to determine which clients are not suitable for this process

**Monday, November 10th** ~ to be announced

All presentations are held at noon at the First United Methodist Church in the MacMillan room, in Santa Rosa, 1551 Montgomery Street. Fee is \$25 for 1 unit of CEU credit (\$35 for nonmembers) and free to those who don't need credit. Bring your lunch, and learn something new.

**Join us for the first Continuing Education dinner presentation  
in the conference room at Osake in Montgomery Village**

**Thursday, September 18th, 6:00 pm** - Jon Sassin, MD of the Sleep Medicine Institute in Santa Rosa will present on sleep disorders and treatment.

~ more info on page 3 ~

President: Milt Harris, PhD (707-579-3140)  
Vice-President: Tesa Carlsen, PhD (707-996-8222)  
Past-President: Carol Weser, PhD (707-526-2288)  
Secretary: Kristine Duffin, Psy.D. (707-522-0220)  
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Newsletter Editor: Tesa Carlsen, PhD (707-996-8222)



*President's Column*  
by Milt Harris, Ph.D.

**WELCOME BACK** (those of you who left) after a long, hot summer. We are looking forward to the September 18 dinner meeting with sleep specialist Jon Sassin, MD, at 6:00 at Osake Restaurant. This dinner meeting is an experiment, to see if a dinner format is more convenient and accessible to RPA members (versus the Monday noon meetings). The 1.5 hour CEs will cost 30.00 for those who want them; the dinner will cost 27.00, including tax and tip, if payment is received by RPA by 9/15, otherwise 35.00. Guests are welcome to attend (for the price of the meal). More details on website.

Unfortunately, Lea and I will have to miss this dinner meeting, because we will be in Washington, DC, at APA, for the dedication of the rooftop garden, which includes Lea's Santa Rosa Labyrinth, at APA. Thanks to Tesa Carlsen (RPA VP) and Rose Lawrence (RPA CE Coordinator) for organization and liaison.

We are in the process of organizing a larger dinner event for some time in the winter, with neurologist Robert Burton, author of On Being Certain (concerning the brain-based disjunction between being sure and being correct). We probably will open this to other members of the community, including neurologists and psychiatrists.

Several members showed up in vain for the Holly Anton CE presentation on Dialectical Behavior Therapy on 8/11. This event had been cancelled because of an unanticipated change in Holly's schedule, but there was no notice on the list serve, and the cancellation occurred after the newsletter had been published. The only notification of the cancellation was on the website. I apologize to the potential attendees for the non-notification on the list serve – an oversight we will endeavor to not repeat. Cancellations are rare, but it is always prudent to check the RPA website.

In the June Dialog I presented an estimation test, inviting members to send in their results for anonymous publication. Amazingly, I only got two responses (less than 2% of the membership; far fewer than generally have responded to this kind of survey in the past). One responder reported 50 percent correct in trying to establish 90 percent confidence intervals; this is typical. In the Hubbard book mentioned above, the author is promoting "calibration" of estimators using sequences of tests, with feedback provided, the goal being to achieve 90 percent correct estimations of 90 percent confidence intervals; most people can be "calibrated" within 4 or 5 tests (some of which are provided in the book). The other RPA responder achieved 100 percent correct, which is rare.

Helpful tip for fledgling estimators: Do not "anchor" on a "most probable" value and extend intervals out from there; rather ask yourself if you can be 95 percent sure at both of the extremes.

I want to wish us all good luck for the up-coming election, which is forming up to be a watershed event. IMHO we need an Apollo-type program for non-hydrocarbon energy, and I am surprised that neither candidate has fully embraced/emphasized this idea, which has the potential for galvanizing the country. Are they afraid of appearing too close to Al Gore?

Best wishes,

Milt Harris

**Jon Sassin, MD of the Santa Rosa Sleep Medicine Institute,  
presenting a 1.5 unit CE program on sleep disorders and treatment**

**Osake Restaurant (Montgomery Village, behind Carl's Jr) ~ Thursday 9/18 at 6:00**

Please plan to attend; guests are welcome

Dinner cost (mandatory per agreement with facility): 27.00, tax and tip included, if payment is received by 9/15. Send your check to RPA, P.O. Box 15209, Santa Rosa, CA 95402.

Dinner cost at the door: 35.00

1.5 CE credits (optional): 30.00 (Please include with pre-payment if credits are desired)

**CONFLICT RESOLUTION THROUGH COLLABORATIVE PRACTICE**  
**CAROL WESER, PH.D.**

As you know from your practice, and perhaps your personal life, many disputes, especially divorces, end up in the courtroom. An alternative is collaborative practice, a multi-disciplinary approach, where a team, including mental health professionals, helps the parties come to agreement respectfully without a judge making the decisions for them.

The team includes attorneys, mental health professionals (called “coaches”, a term I dislike but have to live with since it has been established internationally for many years), child specialists, financial advisors and sometimes vocational consultants, realtors and others. Each party has his/her own coach and attorney, but the process is not an adversarial one. Everyone, in varying configurations, sits around a table to discuss the issues and come to agreement, the equivalent of a family sitting around the kitchen table to talk. All the professionals have had training in the collaborative process, and do not take an advocacy stance but one of facilitating the process for the benefit of all parties.

It would appear that paying for all these participants would be expensive, and it is, but not nearly as expensive as the court process. I will be presenting a CEU Monday workshop to RPA on October 13, together with attorney Sarah Gurney, and will have copies comparing the cost breakdowns of all the dispute processes there.

A big advantage of this process, besides cost, is that the participants are less likely to be bitter and “hate” each other in coming years. The children are more likely to benefit from cooperative co-parenting. Another key benefit, but one hard to quantify, is the future legal actions that are avoided as a result of the parties having learned the tools to work things out as they arise.

The Collaborative Council of the Redwood Empire here in Sonoma County is affiliated with similar national and international organizations. As a member, an experienced part of collaborative teams, I (or Jeff Kahn, another RPA member), can be the information giving and intake doorway to the process for your clients, or serve as a coach to him/her. You can access more information on line at <http://www.collaborativecouncil.org>.

**Editor’s note:** The description of Carol Weser’s October 13 presentation is included in this newsletter as the next newsletter will not be published until after the October CE presentation.

Mark your calendars for this Monday noon program at the First United Methodist Church. You can always check the RPA website for upcoming CE presentations and special events.

[www.redwoodpsych.org](http://www.redwoodpsych.org)

## Two Steps Forward, One Step Back

This feature is intended to address some of the hurdles that are a part of the process of becoming licensed and starting a practice, or a new job.

In this issue Vickie Dwyer, Psy.D and Kristine Bartlett, Psy.D. explore the considerations involved in choosing a post-doctoral placement.

If you have questions or a topic you'd like any of our four newly licensed psychologists to address, send them to [drTesa@mac.com](mailto:drTesa@mac.com)

### Things to Consider When Choosing your Post-Doctoral placement

#### Vickie Dwyer, Psy.D and Kristine Bartlett, Psy.D.

In the midst of completing your practicum, internship, and writing your dissertation, post-doctoral training may seem very far into the future. I was consumed with the writing of my dissertation in my fifth year and planned to think about the next step once I had this project well under way. Then a friend reminded me that if I planned to have a post-doctoral placement in my sixth year, I needed to apply now! Nearly nine months before I would be starting a post-doc, I had to stop and think about what I wanted to do next!

Kristine: Choosing a post doctoral training program is the last opportunity you will have to shape your education to your long term goals. It is the time that you blend your education with your clinical training needs. When considering a post-doc position, I focused on the geographical location where I wanted to work following licensure. I also looked at what areas of my training were missing or needed strengthening. While the greater bay area had a larger number of post doc opportunities, I knew that I would be working in Sonoma County after licensure. This made the location of my post-doc training an important consideration. Working in Sonoma County also enabled me to network with future colleagues and familiarize myself with the services in this community.

Vickie: My situation was a little different. Living in a remote part of Mendocino County, I had no hopes of getting a post-doc within 70 miles of my home. Rather than location, I focused on the training I felt I needed most. Of course, a paid post doc is very enticing, but if you can manage for one more year without a salary, you can focus on the more important issues of training and professional development. I had considerable practicum and internship experience with emotionally disturbed children, both in treatment and testing, and wanted to gain more experience with adults during my post-doc. However, because of my extensive work with children, many post-docs were reluctant to consider me for adult treatment.

Kristine: When I was evaluating my post doc-options I considered the types of services, population, and setting that I wanted to work in following my training. One of the services that I wanted to provide was psychological assessments. While I had a great deal of training, I did not have as much testing experience as I felt I needed. I wanted, and needed more hands-on experience in order to ethically and efficiently provide these services as a psychologist. I went in

search of assessment experience and found post doctoral training that enabled me to get that experience and exposed me to a new population.

Vickie: An area of the post-doc experience that I hadn't considered was "professional development," specifically, support and encouragement for licensure and planning for employment. My post doc "paved the way" for licensure. My colleagues were knowledgeable about the licensing process and my supervisors were supportive of exam preparation. Consequently, I was able to complete the licensing process and secure a position as a psychologist before I left my post-doctoral training.

Overall, your post-doc is your last opportunity to get in-depth training and expand the scope of your experience. Look at your skill-set objectively and try to fill in the gaps. While paid post-doc positions are prestigious, getting the best training possible will be advantageous for your future. The goal is to leave your post-doc with experience and competence and the ability to feel confident as you move forward in your new career.

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#### MESSAGE FROM THE WEBMISTRESS

**Lea Goode-Harris, Ph.D**

Thank you to the fifty-one RPA members who have filled out their web page profiles on our new website! If you haven't filled out your profile yet, come do it now by just logging onto the website <http://www.redwoodpsych.org> and clicking on the member log in. If you can't find the e-mail info for entering the member only section, please don't hesitate to call me (707-575-7570) or e-mail me at [goodeharris@gmail.com](mailto:goodeharris@gmail.com)

#### REPORT FROM CPA CHAPTER REPRESENTATIVE

**Michael Pinkston, Ph.D**

Governmental Affairs Report

Due to the hard work and lobbying of CPA and the calls and letters from many of you, the bill to establish Licensed Professional Counselors (AB1486) was defeated in the Senate Appropriations Committee during early August. This bill was an attempt to establish a new license for therapists with a Masters degree and was written in a manner to allow a very wide scope of practice.

# **The Book Corner**

## *What your Colleagues Read This Summer*

***Carol Weser, Ph.D, RPA Past President,***

"Next" by Crichton, a light fiction about genetic engineering and the attendant ethical issues. (best part, which won't ruin the book, a throw away line about a mental hospital, "In the yard people come and go, talking of movies and jell-o")

***Lea Goode-Harris, Ph.D, RPA Webmistress***

"A Rather Curious Engagement" by C.A. Belmond, is the the sequel to "A Rather Lovely Inheritance" where research historian Penny Nichols continues her adventures in England, France, the Mediterranean, and Italy on the shores of Lake Como.

"Garden Spells" by Sarah Addison Allen is about the unfolding of the relationship of two sisters and their family, where hidden talents and family secrets make themselves known beneath the cycles of an old apple tree, with secrets of its own...

"The Sugar Queen" is Sarah Addison Allen's second novel. Set in North Carolina in a ski resort town, Josey Cirrini's hidden passion for sweets transforms into real life.

"Maisey Dobbs: An Incomplete Revenge" by Jacqueline Winspear. This was the fifth installment of the Maisey Dobbs mystery series and was one of the best so far... Set in post World War I England, Maisey is a psychologist and private investigator, this time searching for the truth behind a series of fires and crimes in the bucolic hamlet of Heronsdene.

"The Alchemist" & "The Magician" The Secrets of the Immortal Nicholas Flamel by Michael Scott. Twins living and working in San Francisco find themselves entwined in an ancient myth and a race with time to recover an ancient book that holds the fate of humanity within its covers.

"Juicy Pens: Thirsty Paper" by SARK. The newest book by Susan Ariel Rainbow Kennedy, full of inspiration, humor, and exercises to get the writer in you moving a pen.

"The Wisdom of Menopause: Creating Physical and Emotional Health and Healing During the Change" by Christiane Northrup. Need I say more?

***Milt Harris, Ph.D., RPA President***

We went to Mexico this summer, taking carry-on for the flight, and I was able to bring more than a dozen books (could have been hundreds) on an Amazon Kindle, which gets my vote as the gadget of the year. It's the size of a small paperback, easier to read than a book, and is user-friendly and robust. It contains a great dictionary linked to the text, and enables you to highlight and take notes, and to search the web. It does not need a WiFi connection, but does depend on the Sprint network (for downloading and search, but not for reading).

On the Kindle, I read about a dozen books this summer, including Think on My Words by the great linguist David Crystal (discussion of language in Shakespeare), Traffic by Tom Vanderbilt (discussion of human factors in car traffic), and How to Measure Anything by Douglas Hubbard (how to make intelligent estimations). Also on the Kindle, I read many of Montaigne's Essays, and part of the Decameron. My favorite non-Kindle reads were The Rejection Collection (collection of

New Yorker rejected cartoons, along with hilarious questionnaire responses from the cartoonists) and Her Privates We (classic WWI novel/memoir by Frederick Manning).

Besides books, the summer found me enjoying several DVDs from the Teaching Company (a great institution; see their website). Lea and I watched 18 hours on Michelangelo (awesome), and I am in the midst of 12 hours on Chaos (for the non-mathematician; excellent). Teaching Company material is available on DVD (for viewing) as well as in different audio formats (including iPod-compatible downloads). Their stuff is pricey except for sale items, which tend to be available often.

***Tesa Carlsen, Ph.D., RPA Vice-President and Newsletter Editor***

I've recently returned from a trip to Norway, where my husband's father was born. Traveling the fjords and imagining life in the mountain villages prompted me to reread "Kristin Lavransdatter," by Sigrid Undset, a historical novel set in 14th century Norway. I read it 20 years ago and it's just as good. It's a page turner.

"Stiff, The Curious Lives of Human Cadavers" by Mary Roach. Roach describes in detail the history of the use of cadavers, from organ donors and human crash test dummies, anatomy courses, face-lift refresher courses, to the study of the process of decay in order to advance the science of criminal forensics. She uses enough humor to keep the reader engaged during the most graphic parts. A great book. Fascinating.

"My Stroke of Insight" by Jill Bolte Taylor, Ph.D. Taylor is a Harvard-trained brain scientist who experienced a massive stroke when a blood vessel exploded in the left side of her brain. Maybe you saw a YouTube video that circulated last year of Taylor describing her experience. Totally engaging for the scientist in me, moving, thought provoking. Check out her website: [www.drjilltaylor.com](http://www.drjilltaylor.com)

"archy and mehitabel" by don marquis. I read this book when I was ten years old. I don't know how it came to me. Don Marquis first introduced archy the cockroach and mehitabel, a cat in her ninth life, in his newspaper column, "The Sun Dial," in 1916. In a previous incarnation archy was a free-verse poet, while mehitabel's soul once belonged to Cleopatra. It introduced me to the concept of reincarnation which set me on a path of spiritual inquiry just when I needed it. I was given an old copy recently and read it with great nostalgia.

"Hold Me Tight, Seven Conversations for a Lifetime of Love" by Dr. Sue Johnson, creator of Emotionally Focused Couple's Therapy. Johnson's numerous professional books give therapists a clear map with which to navigate the journey of couples work. Johnson believes that attachment theory is key to understanding the primary emotions that drive the negative cycles that grip couples. This is the book for couples themselves, in language they can easily understand and relate to. Through the conversations, couple's can begin to glimpse their own unbearable emotions (unmet attachment needs), increasingly before they flip to anger, resentment, or withdrawal, thereby interrupting the negative cycle of blame/attack and overwhelm/dismiss/withdraw. Sue's humor and accessibility shine through. I've always enjoyed working with couples. Johnson's work has so dramatically changed the way I work with them. I get very excited by it.

## Announcements and Ads

**EATING DISORDERS resource/support center** in Napa, fund raiser to benefit opening. Doris Smeltzer, MA, presented to RPA on the topic of eating disorders (ED) in June. Her non-profit, Andrea's Voice Foundation, is hosting the award-winning documentary, "America the Beautiful: Is America Obsessed with Beauty?" at 7PM on Saturday, September 13<sup>th</sup> at Copia (500 First Street, Napa). Roger Ebert declared this film a possible "life saver" for young women. ABC and CNN News have proclaimed it a must-see film for all adults. Highlights of the evening include a Q&A with the film's Director, a silent auction, raffle and wine social. Tickets \$30 (This is a tax-deductible donation)

To pre-order/purchase tickets please go to [www.TicketAlternative.com](http://www.TicketAlternative.com) or call toll free: 877-725-8849

**EFT** (Emotionally Focused Therapy) for Couples, Study/Consultation/Supervision Group for licensed therapists, interns and psych assistants who know a little or a lot about EFT, and would like to immerse themselves in an experiential group focusing on practical application. Two ongoing weekly groups: Monday 2-3:45pm or Tuesday 10-11:45am. \$40/week.

Contact Richard Doleman, MFT, 573-8436

**EMDR CONSULTATION GROUP** forming. Will meet monthly in downtown Santa Rosa.

12:15-1:45 day of week TBA, but probably 3rd Thursday.

Led by Andrew M. Leeds, PhD, EMDRIA Approved Consultant. The group will meet EMDRIA criteria for Certification but is open to anyone with EMDR training. 707-579-9457.

**MEN'S GROUPS: A good adjunctive referral for your male clients.** You may have men in your practice who feel intimidated or inadequate in their attempts to negotiate the important relationships in their lives. My men's groups provide an experience that helps men develop a capacity for emotional listening and reciprocal expression in a group atmosphere which is both safe and supportive. These groups encourage emotionally open interactions with other men in the group and authentic emotional connections with significant others in each man's life. My special area of interest is attachment theory, which informs my work with men. Two groups: Tuesdays, 7-8:30 pm; Wednesdays, 7-8:30 pm. \$40/group. Richard Doleman, MA, MFT 573-8436

### **BALINT WEEKEND**

A weekend of Balint groups in Santa Rosa: We'll be doing Balint Groups Friday evening and much of Saturday, September 12<sup>th</sup> and 13<sup>th</sup>, 2008. Balint groups are designed to increase empathy for the patient, the clinician, and promote greater understanding of the less than conscious aspects of the therapeutic relationship. We will be presenting cases in a confidential group format. 7 hours Category I CME credit.

For more info about Balint work, register and pay by credit card at the ABS website: <http://www.americanbalintsociety.org/SantaRosa.html>

Not only a stimulating, reflective, educational experience, but also an antidote to stress and burnout. Let me know if you have any questions. Hope to see you then.

Ritch Addison, PhD  
Office and Voice Mail: 707-576-9813  
Email: [raddison@sonic.net](mailto:raddison@sonic.net)

## Announcements and Ads

### **CHILDHOOD ASTHMA STUDY**

Russian River Counselors is accepting asthmatic children for a study evaluating the effectiveness of a new, psychological treatment.

This study is being sponsored by the Association of Pre and Perinatal Psychology and Health.

This is the sixth in a series of studies. Previous studies have established that many asthmatic children have disruptions in bonding and that therapy that repairs the bond seems to have positive effects on a child's asthma.

If interested, one can view more about this at:

[www.asthma-busters.org](http://www.asthma-busters.org).

Referrals can be made by contacting Tony Madrid, Ph.D., at [madrid@sonic.net](mailto:madrid@sonic.net) or 865-1200.

### **PSYCHOTHERAPY OFFICE (Santa Rosa)**

**Sublet** one (or both) available professional offices in a 1,500 sq ft ground floor suite in downtown Santa Rosa. A professional environment for your work with your clients. Other offices are used for psychotherapy, psychiatry and acupuncture.

Sublet includes large free private parking lot, utilities, janitorial, fax, DSL, copy machine, and part time receptionist. Shared waiting room, bathrooms, and kitchen. Single story, professional building with new, large windows. Both offices are offered unfurnished.

Office dimensions: Middle office: 14 by 10. Corner office: 10 by 10' office. For further details 707-579-9457 M-Th 8:30 - 5:00.

### **DISCUSSION AND SUPPORT GROUPS**

for Family Members and Friends of Alcoholics and Addicts. Ongoing, closed group with a 3-month commitment. These groups are appropriate for anyone struggling with, or curious about, how their life is affected by another person's use, addiction, or recovery --for people newly discovering this impact, as well as those who are more familiar.

Fridays, 3:30pm-4:45pm  
Saturdays, 11:15am-12:30pm  
Fee: \$25/group meeting

For more info contact: Janet Hack, Psy.D.  
(707) 548-8853 [www.hackpsyd.com](http://www.hackpsyd.com)

### **Welcome to our new RPA members**

Judith Sill, PhD  
Irene Ives, PhD

affiliate and **associate members**  
Denise Traina, PhD

### **RPA ETHICS COMMITTEE OFFERS CONSULTATION**

For consultation regarding ethical issues in your practice, you can contact RPA ethics committee members:

Ann Strack (762-6216) - July/Aug  
Bill McCausland (546-5742) - Sept/Oct  
Jeff Kahn (546-4349) - Nov/Dec  
Michael Pinkston (575-7230) - Jan/Feb

## NOTES FROM CPA'S EMAIL NEWSLETTER

### **Proposed Regulations affecting Psychological Assistants**

From the Board of Psychology:

Currently, section 1391.4 references the January 1, 1997 version of the American Psychological Association's (APA) Guidelines and Principles for Accreditation of Programs in Professional Psychology. This proposal would delete the reference to a specific version of this document thereby allowing the Board to apply the APA's most current standards.

Existing law requires all psychological assistant registrations be renewed annually in accordance with regulations adopted by the Board. Currently, sections 1391.10 and 1391.12 require that all psychological assistant registrations be renewed, and an annual report filed, no later than January 31 of each year regardless of when the registration was issued. Therefore, any registrations issued after February 1 of each year would receive a registration for a period of less than one year. This proposal would amend sections 1391.10 and 1391.12 to amend the renewal date for psychological assistant registrations from January 31 of each year to one year after the initial issuance of the registration and annually thereafter.

Complete online information about the proposed regulation can be found online at:  
<http://www.psychboard.ca.gov/lawsregs/psp1.shtml>

From the Board of Psychology:

Existing law requires, among other requirements, an applicant for licensure as a psychologist to complete at least two years of supervised professional experience under the direction of a licensed psychologist, the specific requirements of which shall be defined in regulations. Currently, existing sections 1387(a)(1)(C) and (a)(2)(C) allow applicants for licensure as a psychologist to accrue postdoctoral supervised professional experience (SPE) as a psychological assistant pursuant to section 2913 of the Business and Professions Code. Many of these psychological assistants work in private practice settings where there are no organized training programs. Due to the lack of standardization in training in these settings, this proposal would amend sections 1387(b)(10) and 1387.6 and adopt section 1387(b)(11) to require psychological assistants in private practice settings to submit a plan for supervised professional experience to the Board for prior approval prior to the accrual of SPE.

Complete online information about the proposed regulation can be found online at:  
<http://www.psychboard.ca.gov/lawsregs/psp2.shtml>

## Medical Board Ends Diversion Program

*From Sacramento Business Journal*

By Kathy Robertson

The mental health and substance abuse diversion program for California doctors will end June 30, with no formal alternative in its wake. The program has been criticized for inadequate enforcement and poor administration in five audits over its 28-year existence, including the most recent audit in 2007.

A coalition of physician organizations is working on a statewide program to replace it, but there will be a significant gap in services. "The Medical Board, in our view, abrogated their obligation to the public with out putting in an alternative," said Ned Wigglesworth, a spokesman for the California Medical Association in Sacramento. "We're still working on making sure there is an avenue ... to make sure (doctors) get the help they need before somebody gets hurt."

A bill moving through the state Legislature takes a different approach and seeks to establish consistent standards for handling drug abuse and mental health treatment for a variety of licensed professionals in California. "If you are a substance-abusing health care practitioner ... you are either dangerous or not," said Julianne D'Angelo Fellmeth, administrative director of the Center for Public Interest Law at the University of California San Diego and a longtime critic of the medical board's diversion program. "If you are, all boards should have consistent standards and impose consequences for relapse."

(Editor's Note: CLASP is CPA's Colleague Assistance & Support Program for Psychologists.)

Information about CLASP can be found at:

### **FROM THE EDITOR'S DESK -- Tesa Carlsen, PhD.**

The next newsletter will be delivered in October. Announcements and ads can be sent to me via email at [DrTesa@mac.com](mailto:DrTesa@mac.com) or call me at 996-8222. If you want an ad repeated, let me know that also. Please put "RPA Newsletter" or "newsletter ad" in the subject line. Both ads and announcements of approximately 100 words are free for RPA members and cost \$35 for nonmembers.

## CALENDAR of EVENTS

**Mark your calendars for the Monday noon CEU Presentations**

**Monday, October 13th** - Carol Weser, Ph.D., Sarah Glade Gurney, J.D (attorney)

"Resolving Disputes with the Collaborative Process"

**November 10th** ~ to be announced

**NEW! Evening CE program in the conference room at Osake in Montgomery Village**

**Thursday, September 18th, 6:00 pm** - Dr. Jon Sassin on sleep disorders.

It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change. - Charles Darwin, naturalist and author (1809-1882)



Check out [www.redwoodpsych.org](http://www.redwoodpsych.org)

Access past issues of the RPA Dialog on the website

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