



REDWOOD PSYCHOLOGICAL ASSOCIATION

A CHAPTER OF THE CALIFORNIA STATE PSYCHOLOGICAL ASSOCIATION

P.O. Box 15209 • Santa Rosa, CA 95402

www.redwoodpsych.org

RPA DIALOG

February 2009 (Volume 16, #1)

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Thanks to Juliet Dantin for offering her time and energy to fill the position of President of the Redwood Psychological Association. At the new year, Juliet seamlessly took over the task of coordinating the Robert Burton presentation which past president, Milt Harris, had been working on for months. Together they pulled off a very successful event at the Scottish Rite. Thank you, Milt, for all you have done these past two years of service as President (not the first time!) of the Redwood Psychological Association.

Please welcome our new Executive Board Secretary: Mary Sue Sams.

Continuing Education Coordinator is Carol Weser. Thanks so much, Carol, for stepping in.

Thanks to Lea Goode-Harris for hours of work developing the new website, maintaining our internet presence, and for her gracious assistance to members needing web site guidance.

Membership renewal is in process. If you have not renewed your membership, please take the time to renew before the February 28th deadline, so as not to miss any of the association's benefits, including newsletters and list serve membership. Renew also so you can benefit from the new and improved website with the psychologist search feature. A list of paid members to date is on page 6.



President's Column
by Jules Dantin, Ph.D.

How did I end up in this position? I am president of our local psychological association and did not have any ambition to be so. Moving to Sonoma County about 10 years ago, I joined RPA to get to know some colleagues. Milt Harris, as president made an appeal in the newsletter for someone to take over the newsletter or it would be discontinued. I had some extra time and, in the

spirit of community involvement, and the feeling of what-the-heck, I stepped forward. This experience has happened to many—dare I say all of us—who have played a role in keeping RPA afloat.

Those who join the organization, those who hold or have held positions of leadership...joining committees, serving as officers, taking on administrative tasks...those who have opened their homes for social gatherings—we all have contributed energy to RPA.

So why do we do this? Why continue to keep this organization going? The mission statement says RPA is about promoting excellence in psychology, upholding high standards, providing continuing education, outreaching to the community and providing a place for psychologists to meet and exchange ideas.

In my humble opinion, the last on the list is the reason our organization continues. Yes, we're all for excellence, high standards, continuing education and educating the public. And we back these goals as an organization and as individuals. But being the hub of the wheel--holding the place for us to connect--is the function RPA serves over time that transcends the comings and goings of the volunteers that serve our group.

For me, the real question is, how can we attract a steady flow (trickle?) of new blood to keep RPA alive and relevant? What, in your opinion, would engage more of us? Any of us currently on the executive board would love to hear your thoughts and opinions. Give in to the urge.

Our upcoming CEU/dinner meeting at Osake on Wednesday, March 4th at 6 pm allows time for networking. And a social hour at Riviera (was Fabiani's) is being planned for Wednesday, May 6th. Hope to see you there.

*Thank you, Louise Packard & Larry Moskowitz
for so graciously hosting the 2008 holiday party.*

“Thanks to Louise and Larry for hosting the party, and to Carol and others who helped put it together. It was great seeing old friends, getting reacquainted with those I see seldom, and making some long lost connections. (I won’t say who but some of us have gotten older since we first met.) The work world is so much more narrow than the field of psychology for most of us that many of us would not meet except for these events. Thanks again” Paula Solomon



*The new RPA President, Jules Dantin, left,
and the new secretary, Mary Sue Sams, right*



Carol Weser, left, and Tesa Carlsen, right

“I echo Paula's thanks. Much appreciation to Louise and Larry and to the RPA people who put their time into creating the party. Great to see everyone.” Ritch Addison



Janet Hack, left, and Louise Packard, right



*Jeff Kahn, second from left, and Linda Heide,
right, with friends.*

Join us for our next dinner CE presentation

Building Bridges Between Schools and Mental Health Professionals

Five Sonoma County school psychologists/behavior specialists, led by Dr. Mary Ann Carpenter, Ph.D, MFT, will educate us on how to assist our clients and their children/grandchildren in getting the support they need from our school system.

Wednesday Evening, March 4, 2009, at 6pm

Osake Restaurant (Montgomery Village), 2446 Patio Court, Santa Rosa
27.00 for dinner if registered and paid in advance, 35.00 at the door

1.5 optional CEU, additional 25.00

All are welcome

A flyer with more information and a reservation slip is included in the newsletter.



Robert Burton, MD, author of “On Being Certain: Believing You Are Right Even When You’re Not,” spoke to a full house at the Scottish Rite on January 23rd. It was an evening of great food, a warm and inviting atmosphere, and a fascinating topic. After his presentation, Robert responded to a number of creative and thoughtful questions from our members.

The new format for CE presentations is receiving positive feedback. Additional dinner meetings are in the planning stages, including the March 4th presentation by a panel of school psychologists. We’re attempting to provide meaningful topics to meet the interests of our members. Join us...It’s a great way to get to know your colleagues and to network.



FROM OUR NEW RPA SECRETARY - MARY SUE SAMS, PSY.D

When asked to serve as Secretary for the RPA Board, I gladly accepted! Actually, I became an RPA member before I moved to Santa Rosa from ChicagoLand in October 2007. I remain a great fan of the List serve, which allowed me to tune in and turn on to the local psychological community, long before I dropped in. Upon arrival, I first met our kind and generous past president, Milt Harris, and it has been a steady stream of lovely encounters with RPA members ever since. In relocating my pediatric psychology practice to Santa Rosa, I've enjoyed joining with a good number of psychologists in clinical collaboration and consultation, and meeting others at various RPA events. How fortunate I am to have this chance to give back to RPA, an organization that has offered such wonderful opportunities for connection and growth in my short time here. I look forward to working with our Board and getting to know other members in the coming years.

WEBSITE NEWS FROM THE WEBMISTRESS - LEA GOODE-HARRIS, PH.D.

www.redwoodpsych.org

RPA newsletter is going green! Very soon, RPA members will have the option for an electronic newsletter that can be viewed on-line and printed if desired. The new format of newsletter will still be mailed out to members who prefer to receive their newsletter by mail. The more of us who can view the RPA newsletter on line, the more trees and resources we will save! Saved money from the newsletter expenses can then be put into providing more functions, speakers, and networking to benefit the membership.

Find A Psychologist Search Function: Currently, 61% of the full members are using our on-line "Find A Psychologist" search function. I am hoping that the other 39% will log on to our website and enter their information, on the first and second page, and click the box for making their information public which uploads them automatically into the search function. If you are one of those 39%, or an associate member, who has not done so yet and you need some assistance, please contact me at: phone/vm: 707-575-7570 or e-mail: goodeharris@gmail.com

I am going to be contacting the members who have not uploaded their information on the website by phone and/or e-mail to see if I can assist you in getting into the RPA search function. So expect a call or e-mail from me!

Important Difference Between the List Serve and the Website: Many members have used the new website function to update their member information, i.e.: e-mail addresses. Thank you! This automatically gives us the ability to send you your RPA newsletter and other administration functions. What it DOES NOT DO is interface with the RPA list serve. If you have a change in your e-mail address you must contact Milt Harris separately to have him make the changes to the list serve. Otherwise you will no longer receive the list serve

messages and will miss out on announcements, lively discussions, referral questions, and other RPA news!

Milt Harris: miltonharris@gmail.com

Calendar of Events: We will soon have a streamlined website calendar for our members to check on upcoming RPA events. Expect a list serve announcement to let you know when it is up and running!

Feedback? We always appreciate any feedback that can help make our website more user friendly. If we can incorporate your ideas, we will! A recent member comment resulted in our adding the word "Renew" to the Join RPA sidebar button. That is where you will find the application for joining, and the renewal of your RPA membership.

Please do contact me if I can assist you in any way with the website.

Phone: 707-575-7570

E-mail: goodeharris@gmail.com

NOTE FROM THE NEW CONTINUING EDUCATION COORDINATOR - CAROL WESER, PH.D.

My dear friends and colleagues; I have changed hats (to match my change of hairdo this year), no longer serving as President or Past President. I am now your new coordinator for Continuing Education programs.

I hope you all enjoyed the talk by Dr. Burton on Being Certain in January, and, upon reading this, have rushed to take out your date books or date electronics (not the date sitting on your bed). Place into that schedule the evening of March 4.

We will be meeting at Osake Restaurant near Montgomery Village at 6 PM for dinner and a presentation by a group of Sonoma County School Psychologists/Behavior Specialists, headed by Mary Ann Carpenter, Ph.D., MFT, and featuring Michelle Fourre, M.A., Connie Freeman, M.A., LEP, Kathy Bregder, M.S., MFT, NCSP, and Mary Kushmerick, M.Ed. For those who want Continuing Education credits, 1.5 will be available for an extra fee of \$25. Details on the dinner and registration are elsewhere in this newsletter.

The Board has decided to discontinue the Monday noon continuing education sessions because so many members cannot attend at that time; average attendance has been around 15 per meeting. However, when we tried a continuing education presentation (on sleep disorders) combined with socializing and dinner in the evening, many many more attended. Thus the repeat of that successful formula in March!

The board welcomes your suggestions for CEU programming, including specialized training and experience that you may want to share. Please contact me or a member of RPA's board with your ideas.

I want to take this opportunity to thank Rose Lawrence, your past CEU coordinator. She helped me get set up in the new process but, alas, did make it seem easier than it is. But then, that which is easy for one may be effortful for another. Thank you Rose, for your service to RPA.

**REPORT FROM YOUR CPA REPRESENTATIVE
AND GOVERNMENTAL AFFAIRS CHAIR - MICHAEL PINKSTON**

I just returned from the CPA Board Meeting in Los Angeles where a major topic of discussion was the Governor's Plan to disband the BOP and place Psychology on the Board with all the MA Level Therapists where we would have one vote on the board and lose much of our identity as a separate and doctoral level profession. A decision has been made to make this a high priority for where CPA will focus our time and money in the next 6 months. As you hopefully have already learned from myself and others, CPA mailed a pink postcard to all licensed psychologists last week and **it is very important that each of you sign and mail it to the Governor.** We will then begin to lobby the legislators and will be asking you for letters of support at that time.

To finance the lobbying efforts for the BOP issue and the many other legislative issues of importance to our profession, CPA needs new members. Last year we had 4,200 members and we have a significant number of those who have not paid dues for 2009. This means that under 4000 psychologists in California are paying all the money necessary to protect and enlarge the scope of practice for over 15,000 psychologists who are licensed and practice in our state. Remember, although APA advocates for Medicare and Federal Insurance laws, neither it nor any other organization has anything to do with protecting our scope of practice in California

If you have not gone to the CPA website at <http://www.cpapsych.org/> in the past year, I hope you will do so soon since it has greatly improved. The website lists the many benefits of joining CPA and how to do it but please contact me if you have any questions. Even if you don't become a member, another way to support CPA and get CEU at the same time is to attend the Annual Convention which is at the Marriott in Oakland this year from April 16-19. There is a link to the Convention Program on the Home Page of the website.

RPA Members often ask me what the ethics requirements are for renewing your license and I inform them that we must be able to attest that we have done something to stay informed about ethics and we are not required to specify what we did. One great extra benefit of belonging to CPA is that for the price of yearly dues we can read a brief article on ethics in any of the 6 CPA magazines members receive throughout the year to satisfy that requirement and if we also want CEU we can get 2 units for each one we read if we bother to take an online quiz for it. That is up to 12 CEU a year.

If your name does not appear on this list, you may still need to renew your 2009 membership.
If you are unsure of your dues status, feel free to email Milt at Miltonharris@gmail.com.

Addison	Richard	Kohles	Cynthia
Anderson	Robin	Lucchetti	Frank
Andre	Katherine	Madrid	Antonio
Backus	David	Martin	Jeffrey
Barrows	Robert	Matto-Shepard	Jim
Bean	Warren	McCausland	William
Benavides Jr.	Robert	Naber	Christine
Boaz	Pam	Nemerovski	Bob
Bridges	Keith	Nielsen	Shelly
Carlsen	Tesa	Nishio	Kazumi
Carolan	Richard	O'Toole	Peggy
Carpenter	Mary Ann	Packard	Louise
Caruso	Richard	Pengra	Charles
Cognata	Al	Persinger	Joe
Cohen	Lester	Pickar	Daniel
Dalrymple	Annella	Pinkston	Michael
Dantin	Juliet	Ransom	Donald
Davis	William	Robertson	Fiona
Denner	Bruce	Sams	Mary Susan
Dolnick	Janis	Shelley	Sandra Emma
Eisnitz	Mark	Sill	Judith
Enguidanos	Gloria M.	Silver	Jerry
Flett	Mary	Skolek	Susan
Fraga	Michael	Solomon	Paula
Garibaldi	Denise	Speicher	Gloria
Giovannoli	Richard	Stadtner	Rebecca
Goldstine	Thea	Staehele	Melissa
Goode-Harris	Lea	Stone	Heather
Hack	Janet	Strack	Ann
Hamilton-Gahart	Terri	Thigpen	Greg
Hamilton-Oravetz	Stephanie	Tomin	Anne
Harris	Milton	vanZutphen	Kelly
Hawk	Joann	Wagner	Jane
Holland	Kathleen	Way	Carol Anne
Howard	Victor	Weser	Carol
Kahn	Jeffrey	White	Debra
Kastl	Albert	Zimmer	Richard
Kishbaugh	Gretchen		

Announcements and Ads

PLEASANT AND CONVENIENT OFFICE SUITE Available, 3 comfortable offices and a waiting room at Creekside Medical Plaza on Montgomery Dr. A great location in walking distance to downtown, as well as on a bus line. This courtyard office suite will soon be available for sublet, or possible lease.

Please contact: Robin Anderson, PsyD 569-0808 or Sandra Emma Shelley, PhD 415 381-8216.

LARGE, SUNNY, QUIET OFFICE in St. Rose Professional building for lease or sublet. Ample private parking, beautifully landscaped grounds, easy access from 101 and downtown. Warm, collegial atmosphere in suite of 3 offices, shared with Holly Anton, Ph.D. (adult practice) and Mary Sue Sams, Psy.D. (pediatric practice). Please call for more info 623.7334.

ONE to TWO FULL TIME OFFICES AVAILABLE for 3 year lease in 6-professional office psychotherapy suite located at 1101 College Ave. Suite 230. Available on June 15th. Plenty of parking, kitchen and shared waiting room, fax machine/printer, DSL, and small group room. Friendly group practice. Current rent is \$629.50 per month, which includes office supplies and utilities (except phone). Future rent to be negotiated with rental agency. If interested, contact Louise Packard or Dan Pickar at 566-0296, Tim Stein at 328-3425, or Pamela Loman at 490-2241.

EFT (Emotionally Focused Therapy) for Couples, Study/Consultation/Supervision Group for licensed therapists, interns and psych assistants who know a little or a lot about EFT, and would like to immerse themselves in an experiential group focusing on practical application.

Two ongoing weekly groups:

Monday 1:15-2:45pm in San Rafael.
\$50/week.

Thursday 3:15-4:45pm in Santa Rosa.
\$40/week.

Contact Richard Doleman, MA, MFT
707-573-8436.

MEN'S GROUPS: A good adjunctive referral for your male clients. You may have men in your practice who feel intimidated or inadequate in their attempts to negotiate the important relationships in their lives. My men's groups provide an experience that helps men develop a capacity for emotional listening and reciprocal expression in a group atmosphere which is both safe and supportive. These groups encourage emotionally open interactions with other men in the group and authentic emotional connections with significant others in each man's life. My special area of interest is attachment theory, which informs my work with men. Three groups: Mondays, 6:30-8pm in San Rafael, \$50/group, Tuesdays, 7-8:30 pm and Wednesdays, 7-8:30 pm in Santa Rosa \$40/group. Richard Doleman, MA, MFT 573-8436

Announcements and Ads

EMDR consultation group meets monthly 2nd or 3rd Wed. 12:00 - 1:30 PM.
Led by Andrew M. Leeds, Ph.D. EMDRIA Approved Consultant. Santa Rosa.
707-579-9457.

"Bowen Theory's Unique View of Marriage", a presentation by Michael Kerr, MD, director of The Bowen Center for the Study of the Family, and by his wife Kathleen Kerr MSN, MA, director of the Family History Project, will be held on Friday and Saturday, April 3 and April 4, 2009 from 8:30 to 5:00 at The Doubletree Hotel in Rohnert Park.

This conference offers Bowen Theory's refreshing view of marital relationships, one that gets beyond blame to see reciprocity and that gets beyond the two-person relationship to see triangles and multigenerational process.

Cost is \$225. early registration by 3/20/09 and \$240. postmarked thereafter. 12 CEUs for LCSWs and MFTs and 12 CMEs pending for psychologists, physicians and nurses.

For information, call Jan Beaulyn MFTI at (707) 280-9773 or e-mail to Jbeau1947@yahoo.com



Welcome to our new RPA members

Richard Carolan, PhD

Associate Members

Bob Nemerovski, MA

Don Talley, MC

Joy Stephenson Kolker, PhD

RPA ETHICS COMMITTEE OFFERS CONSULTATION

For consultation regarding ethical issues in your practice, you can contact RPA ethics committee members:

Bill McCausland (546-5742) - Jan/Feb

Jeff Kahn (546-4349) - March/April

Michael Pinkston (575-7230) - May/June

Ann Strack (762-6216) -July/Aug

FROM THE EDITOR'S DESK -- Tesa Carlsen, PhD.

One more reminder: Renew your membership so as not to miss the next newsletter. Renew and invite your colleagues to join!

The next newsletter will be delivered in April. Announcements and ads can be sent to me via email at DrTesa@mac.com or call me at 996-8222. If you want an ad repeated, let me know that also. Please put "RPA Newsletter" or "newsletter ad" in the subject line. Both ads and announcements of approximately 100 words are free for RPA members and cost \$35 for nonmembers.

NOTES FROM CPA'S EMAIL NEWSLETTER

Crisis Threatens Recognition of California Psychologists as Separate Health Profession

Governor Moves to Transfer Oversight of Psychologists' Discipline, Training and Licensure to MFT/LCSW Licensing Board.

Suddenly emerging in a package of Administration initiatives is a proposal to eliminate the independent Board of Psychology which is responsible for regulating the discipline, training and licensing of psychologists as a distinct health profession. All regulation of psychologists' discipline, licensing and training would be moved to a generic licensing board that licenses masters and sub-masters degree people.

What you can do to help:

Join and become a Member of CPA, or Renew your Membership with CPA. The voices of all 17,000 California psychologists are needed now to save the profession of psychology!

And...

Give to the California Psychological Association's Political Action Committee (CPA-PAC)

The CPA-PAC gives money to candidates and initiatives that will defend your recognition as a psychologist!

All California Licensed Psychologists to be Required to Have Fingerprints Available in State File

The Department of Consumers Affairs (DCA) has instructed all of the healing arts boards and bureaus, including the Board of Psychology, to quickly move forward with a number of administrative and policy changes it says will further strengthen the screening of existing licensees, initiate appropriate disciplinary actions, and create transparency for the public concerning questionable licensees.

Prior Approval of Services Now Required for Federal Employee Health Benefits Program

The Blue Cross/Blue Shield Federal Employee Health Benefits program has announced that Preferred Providers who offer mental health and substance abuse services now require prior approval. Although many psychologists received this information, some psychologists who are Preferred Providers in this program were unaware of this change. Below is the link to the webpage with this information noted as a footnote at the bottom of the webpage.

The footnote states:

You must call us for prior approval before receiving any outpatient professional or outpatient facility care from preferred providers.

<http://www.fepblue.org/benefitplans/standard-option/mental-health.html>

Building Bridges Between Schools and Mental Health Professionals

Join us for networking, dining and learning how to bridge the gap between mental health professionals and the schools. Five Sonoma County school psychologists/behavior specialists are ready to put us in the know. Led by Mary Ann Carpenter, PhD, MFT and including Michelle Fourre, MA; Connie Freeman, MA, LEP; Kathy Bregder, MS, MFT, NCSP and Mary Kuserick, MEd, the panel will educate us on how to assist our clients and their children/grandchildren in getting the support they need from our school system.

Wednesday, March 4th at 6 pm

Osake Restaurant (Montgomery Village, behind Carl's Jr)
2446 Patio Court, Santa Rosa

Dinner cost (mandatory agreement with facility): \$27, tax/tip included
if paid/postmarked by February 25th. No host bar.

Dinner cost at the door: \$35. 1.5 CEU (optional) is \$25.

Send your check to: RPA, P.O. Box 15209, Santa Rosa, CA 95402

Enclosed is \$_____ for _____registrants for the Building Bridges dinner event on Wednesday, March 4th at Osake at 6pm. Advance reservation is \$27. Postmarked after Wednesday, February 25th, please pay \$35.

Optional: CEUs (1.5) are available for \$25.

Name _____

Address/Phone _____

License Type/Number _____

Mail, with check, to: RPA, P.O. Box 15209, Santa Rosa, CA 95402

CALENDAR of EVENTS

Wednesday, March 4th, 2009 CE Dinner meeting: with Mary Ann Carpenter, PhD, MFT
Building Bridges Between Schools and Mental Health Professionals

SPRING SOCIAL GATHERING - WEDNESDAY, MAY 6TH - 5:30

Riviera Restaurant 75 Montgomery Dr Santa Rosa, CA 95404

RPA 2009 membership renewal deadline 2/28. After that date additional fees required.

"Nature is ever at work building and pulling down, creating and destroying, keeping everything whirling and flowing, allowing no rest but in rhythmical motion, chasing everything in endless song out of one beautiful form into another." -John Muir.
Naturalist and explorer (1838-1914)



Check out www.redwoodpsych.org

Access past issues of the RPA Dialog on the website

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