



REDWOOD PSYCHOLOGICAL ASSOCIATION

A CHAPTER OF THE CALIFORNIA STATE PSYCHOLOGICAL ASSOCIATION

P.O. Box 15209 • Santa Rosa, CA 95402

RPA DIALOG

February 2010 (Volume 17, #1)

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IT'S OFFICIAL! The 2010 slate of candidates has been confirmed by our membership, and we're off and running in this new year. Most of our board members are familiar to you as they have served before. **Juliet Dantin**, continues in her role as President to lead RPA with quiet dedication and purpose. **Mary Susan Sams**, formerly secretary, now does the job of Vice President. **Tesa Carlsen**, previously Vice President and Newsletter Editor, is Treasurer this year. New to the board, **Rebecca Stadtner** serves as Secretary and Newsletter Editor. **Milt Harris** lends his experience and expertise to the board as Past-President, and **Michael Pinkston**, CPA Chapter Representative, keeps us abreast of what's happening with psychology on the state level. **Carol Weser**, Continuing Education Coordinator, works tirelessly to recruit excellent speakers for training events throughout the year, and **Lea Goode-Harris**, continuing as Webmistress, maintains RPA's presence on the web and keeps our organization current with 21st century technology.



President's Column
by Jules Dantin, Ph.D.

RPA creates a web that connects us to each other and the surrounding community. Our participation in two events this year is a great example of RPA's presence and involvement in the community. The YMCA and Sonoma County Office of Education each came to us asking for our participation in their events. As a

result, three of our members gave presentations for the YMCA Member Appreciation Days in January. More members volunteered to present than the Y had time to accommodate. Our contact at the Y was effusive in her appreciation to all who volunteered and very impressed by the quality of our presenters. This is what you call a win/win/win/win . . . the individual presenters win for volunteering their time and expertise and being recognized for their contribution. RPA wins for participating in the program. The Y wins by offering quality to their members, and the members of the Y win by receiving professional input to improve their lives. What's not to like about this?

On February 24th, several of our members will be judging for the Sonoma County Science Fair. RPA is also providing some of the prize money and helping to sponsor this event. When this idea was presented to the RPA Executive Committee, we all saw the value of participating. There is benefit to RPA, to the profession, to the judges, to the students, to the teachers and to the schools. Again, how could we go wrong?

In line with RPA's mission of building connections and support among ourselves, psychologists new to the area may join to meet colleagues. Pre-licensed associates may need help arranging an internship or psych assistantship. Perhaps we need a referral for a clinician with a certain expertise, or someone to share office space, or want to create a peer consultation group. And there is support offered by the Ethics Committee, the Colleague Assistance Committee and the Disaster Committee.

You only have to reach out to connect with your colleagues. Experience RPA's web of connection and support by coming to any or all of the upcoming events . . . CE/dinner on March 3, CE/dinner on April 14th, networking social on May 5th. We'll look for you.

RPA - What we're about . . .

- Promoting excellence in psychological service.
- Upholding high standards in the clinical practice of psychology (psychotherapy, consultation, and assessment).
- Providing continuing education for mental health professionals.
- Promoting community involvement and outreach.
- Providing opportunities for psychologists to meet one another and exchange ideas.

Join us for CE Presentations

Wednesday, March 3, 2010

The Neurobiology of Nurture and the Science of the Heart

with Dorothy Mandel, Ph.D.

Wednesday, April 14, 2010

The Hows and Whys of the Professional Will

with MaryClare Lawrence, J.D.

Dinner meetings 6:00 p.m. at Osake Restaurant. See page 7 for details and registration information. 1.5 CE's (optional) April 14th presentation counts as ethics course.

WEBSITE NEWS FROM THE WEBMISTRESS, LEA GOODE-HARRIS, PH.D.

www.redwoodpsych.org

2009 brought further changes to our website. Members, you can now download our newsletter in full color, and receive it before a hard copy arrives in your paper mailbox! We are hoping still that down the road, we can offer a completely green option. And, if you haven't already done it, check out the streamlined CE & Events Calendar on our homepage!

Find A Psychologist Search Function: Last February, 61% of our members had entered their information for the "Find A Psychologist" page. As of this February, 2010, 74% of the full members are using the on-line "Find A Psychologist" search function! It would be great to have the remaining 26% of you log on to our website and enter your information on the first and second page. Click the box for making your information public, and it will automatically upload into the search function. If you are one of those 26%, or a new full or associate member who has not yet entered your information, or lost your password and/or the instructions for how to do so, please contact me at: phone/vm: 707-545-1656 or e-mail: goodeharris@gmail.com

Data from the webhosting service showed that in the last week of 2009, there were a total of 838 website visits. (Some of these probably were "web bots.") There were 229 visits to the member list, 21 uses of the "Find a Psychologist" function, and 40 searches on specific psychologists' names. I had a conversation this past year with a physician who was looking for patient referral information and remarked "how much better the RPA 'Find A Psychologist' page is than the old outdated paper book in my office."

Important Difference Between the List Serve and the Website: Many members have continued to use their website member page to update their member information, i.e., e-mail addresses. Thank you! This automatically gives us the ability to send you the RPA newsletter and handle other administrative functions. Your information becomes outdated on our website when you do not make these changes yourself. Also, please remember that making changes to your information on the website DOES NOT make those changes on the RPA list serve. If you have a change in your e-mail address, you must contact Milt Harris separately to have him make the changes to the list serve. Otherwise you will no longer receive the list serve messages and will miss out on announcements, lively discussions, referral questions, and other RPA news and alerts! You can contact Milt Harris at: miltonharris@gmail.com

REPORT FROM YOUR CPA REPRESENTATIVE AND GOVERNMENTAL AFFAIRS CHAIR – MICHAEL PINKSTON

As your chapter representative, I attended the California Psychological Association Board Meeting last on February 6th. I want to remind our members that we are a chapter of CPA and that **CPA is the only organization that protects the scope of practice of psychologists in California.** Although the BOP has the power to grant and take away our license, it is not involved in setting or changing our scope of practice. It is the legislature that has this job, and CPA spends a great deal of its time and money building relationships with the legislature and educating them about our profession. A recent example last year was the very important role CPA played in educating the legislature and warning psychologists about the governor's plan to disband the BOP and have our license granted by a Board of Mental Health with one psychologist on the board. Although we were successful last year, this year we will continue to monitor the issue which may come up again and to work on other issues involving patient privacy, managed care reform, and mental health parity. We have also joined with other health care professions in a class action lawsuit against Well Point Blue Cross Blue Shield for a history of underpayment of providers of out-of-network services.

In addition to the very important work advocating for our profession and the mental health needs of all Californians, CPA provides psychologists with a wealth of information relevant to our profession with its website, publications, workshops, and annual convention. Although CPA gives any psychologist access to much of this information, CPA members are given discounts on all CEU opportunities including the ability to obtain two CEU hours in each of the six publications a year by reading a few brief ethics articles and taking an online quiz. All the advocacy and educational activities that CPA does provide for the 17,000 licensed psychologists in California is financed by the 4,000 of us who actually belong. I urge you to become one of the psychologists who does belong if you are not already a member. If you are within two years of receiving your Ph.D. the first year dues are \$67, and if you are later in your career, your first year dues are \$122. I hope you will check out the website at www.cpapsych.org to see the information that is available there, learn about all the member benefits, and consider joining CPA online.

If your name does not appear on this list, you may still need to renew your 2010 membership. If you are unsure of your dues status, feel free to email Milt at Miltonharris@gmail.com.

Addison	Richard	Hack	Janet	Peeke	Shirley
Alvarez	Maria	Hamilton-Gahart,	Terri	Pengra	Charles
Ames	Ralph	Hamilton-Oravetz,	S.	Persinger	Joe
Anderson	Robin	Harnish	Diane	Pickar	Daniel
Andre	Katherine	Harris	Milton	Pinkston	Michael
Anton	Holly	Hattori	Nobuko	Ransom	Donald
Barrows	Robert	Havstad	Laura	Ravitz	Liza
Bartlett	Kristine	Hawk	Joann	Robertson	Fiona
Bean	Warren	Herzig	Cori	Rohe	Lisa
Benavides Jr.,	Robert	Holland	Kathleen	Sams	Mary Susan
Boaz	Pam	Howard	Victor	Scannell	Terry
Bridges	Keith	Kahn	Jeffrey	Schreiber	Russell
Carlsen	Tesa	Kastl	Albert	Shelley	S. Emma
Carolan	Richard	Kishbaugh	Gretchen	Sill	Judith
Carpenter	Mary Ann	Kohles	Cynthia	Silver	Jerry
Caruso	Richard	Kolker	Joy S.	Solomon	Paula
Cognata	Al	Lamb	Lynn	Speicher	Gloria
Cohen	Lester	Leeds	Andrew	Stadtner	Rebecca
Culver	Pamela	Levy	Joan	Stone	Heather
Dalrymple	Annella	Lowe	Cyndi	Strack	Ann
Dantin	Juliet	Loman	Pamela	Talley	Don
Denner	Bruce	Madrid	Antonio	Thigpen	Greg
Dolnick	Janis	Martin	Jeffrey	Thornton	Patrick
Dwyer	Vickie	Matto-Shepard,	Jim	Tomin	Anne
Eisnitz	Mark	McCausland,	William	Vandell	Trudy
Enguidanos	Gloria M.	Medvin	Loi	Wagner	Jane
Fershtman,	C. Shoshana	Naber	Christine	Wagner-LaFavre,	Denise
Flett	Mary	Nemerovski,	Bob	Way	Carol Anne
Fraga	Michael	Nishio	Kazumi	Weser	Carol
Garibaldi	Denise	O'Toole	Peggy	White	Debra
Giovannoli	Richard	Olcese	Richard	Winter	Linda
Goldstine	Thea	Packard	Louise	Wyatt	Lisa
Goode-Harris,	Lea	Paige	Leslie	Zimmer	Richard
Grossman	Lisa	Pearson	Andy	Zimmerman,	Salima

CE DINNER PRESENTATIONS

WEDNESDAY, MARCH 3, 2010, 6:00 PM

“The Neurobiology of Nurture and the Restorative Response of the Heart “

Dorothy Mandel, Ph.D.

Dr. Mandel teaches pre and perinatal psychology at Santa Barbara Graduate School and has a private practice as a registered psychological assistant under the supervision of Dr. Richard Zimmer. Her dissertation research, completed at the Institute of Noetic Sciences under the direction of Dr. Dean Radin, is the subject of this presentation. Dr. Mandel will use empirical evidence, current theory and research to define the neurobiology of nurture and to present related concepts and strategies that can assist clients to relieve stress and regulate emotions.

WEDNESDAY, APRIL 14, 2010, 6:00 PM

“The Hows and Whys of the Professional Will”

MaryClare Lawrence, J.D.

Like most people, psychologists hope and assume that they will die in bed, at a great age, or long after they have stopped seeing clients. Unfortunately, it doesn't always happen that way. This presentation will describe the ramifications of not having a professional will in place. Attendees will also learn what is needed to create a will that meets their responsibilities as practicing psychologists. Attorney MaryClare Lawrence works with clients of all ages and economic levels in the area of estate planning.

Osake Restaurant (Montgomery Village), 2446 Patio Ct, Santa Rosa 95405;

Dinner: \$27, tax/tip included if paid/postmarked by 2/24/10 for March 3rd Event
and 4/7/10 for April 14th Event.

No host bar. Dinner cost at the door: \$35. No dinner: \$10 cover charge

Guests welcome. 1.5 CE (optional) is \$27

Please send in your check, and the course attending, with the registration form provided
to: RPA, P.O. Box 15209 Santa Rosa, CA 95402

California Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. CPA maintains responsibility for this program and its contents.

Announcements and Ads

EMBODIED RELATIONSHIP CLASS

This class will use conversation, somatic practice & transformative dance to deepen understanding of relationship dynamics — informed by the body in relationship. The class is appropriate for clinicians, couples or anyone interested in embodied learning and relationship. Six Saturday afternoons, 3/13, 20, 27, 4/10, 17, 24. Cost for series: \$330 individuals / \$600 couples. 10% discount if paid in full by February 15. Jim Matto-Shepard, Ph.D. (PSY 1 5 0 3 1) 7 0 7 - 7 6 2 - 1 6 7 0 www.drjms.com.

REFERRING TO AN OUTDOOR OR RESIDENTIAL TREATMENT PROGRAM? Educational consultants, in collaboration with referring mental health professionals, work with families to identify appropriate therapeutic treatment options for struggling students. Bob Casanova is an experienced, licensed marriage and family therapist who provides realistic, comprehensive recommendations to Therapeutic Schools, Residential Treatment Centers and Outdoor Therapeutic Programs for teens and young adults who need help coping with emotional, behavioral or psychological concerns. Bob Casanova, Educational Consultant, 707-526-5800

SANDPLAY, TRAUMA AND JUNGIAN THEORY - Liza J. Ravitz, Ph.D - Jungian Child and Adult Analyst - In this day long workshop we will witness the unfolding individuation process of a 10 year old girl with separation anxiety and insecure attachment. We will look at this developmental process through both an archetypal and personal lens. In the

context of her sandplay pictures we will learn about Jungian theory and alchemy. We will talk about Jung's concepts of the psyche, as well as learn about different archetypes and symbols. A post-Jungian theory of Trauma will be included to help amplify the material and relate it to Jungian Psychology. March 13, 2010, 10-5, \$150, 2220 Fillmore St., San Francisco. 707-762-7828

SANDPLAY CONSULTATION GROUP

Liza J. Ravitz, Ph.D- Jungian Child and Adult Analyst - This group is for people wanting to deepen their work with Sandplay. The group will work together looking at both child and adult sandplay cases. Readings will be included if the group so desires. Meets 3 x per month, Wednesday 9-10:45, \$50 per meeting, 318 Western Ave., Petaluma. 707-762-7828

GOTTMAN METHOD PROFESSIONAL TRAINING - Bridging the Couple Chasm - Level 1

- Created by Drs. John and Julie Gottman - 12 CE Hours for Psychologists, MFT's and LCSW's Learn new research-based strategies and tools to empower your couples. You will receive a 300 page manual featuring new assessment questionnaires and clinical interventions. This 2-day workshop will prepare you to use the Gottman Method in your practice immediately. For those who want to study further with the Gottman Institute, this workshop fulfills the Level 1 requirement. Friday, May 7th and Saturday, May 8th at the Angela Center in Santa Rosa. Register at www.gottmanprofessionaltraining.com or call 707-547-0401.

Announcements and Ads

NEUROPSYCHOLOGICAL ASSOCIATES We are pleased to announce the opening of Neuropsychological Associates in Santa Rosa. Our beautifully appointed offices are conveniently located in the Atrium Building on North Dutton. We welcome referrals for neuropsychology, forensics, or women's issues. The ideal client might need comprehensive assessment, diagnostic, forensic, or treatment services. In addition, we are offering the "Trust Vault" for wills, estate plans and trusts. Comprised of a comprehensive assessment and consultation, the "Vault" will help limit changes in final requests. Future plans include, workshops and professional trainings emphasizing topics associated with our work. We welcome your interest. 1260 N. Dutton, Santa Rosa 707-526-5424

THERAPIST'S OFFICE FOR RENT TUESDAYS \$140 a month. 2455 Bennett Valley Road. Comfortable, attractive, accessible suite. Pleasant, professional colleagues. Elevator. ADA compliant. Use of kitchen, shared copy machine. Can receive mail. Near bus lines, shopping center, restaurants. Call: Dr. Fairfax 707-526-2580

PEACE IN PROCESS

Tools for Transition
Awaken*Joy*Breath*Creativity*Sacred
Body - An offering . . . Experience
the ancient power of your wisdom
body and the healing insight of your
subconscious mind in a day of
guided imagery, sound bath,

primordial Chi Gung, labyrinth walking, and expressive arts. Guided by: Lea Goode-Harris, Ph.D.; Claudia Holt, MA, Certified Instructor of Chi Gung; Jeffrey Edelheit; & Helen Boland, CHT. Sat, March 13th, 2010, 10:00 - 5:00 Institute of Noetic Sciences, Petaluma, CA. \$45 - \$100 Sliding Scale. For more information or to register: www.peaceinprocess.com

SCREENING FOR NEUROPSYCHOLOGICAL IMPAIRMENT (ADULTS)

Seminar led by Milt Harris, PhD, ABPP-Clinical Neuropsychology. Two Saturdays, May 8 and 22, 2010, 9:15-12:30, at The Santa Rosa Labyrinth Foundation (201 "D" Street, above Peet's Coffee - no w/c access). **6 CE hours**. This seminar is for all levels of experience, both beginners and experts. We will learn about technical aspects of screening, its value and limitations, and several screening instruments in the public domain. We will discuss screening in reference to several common neurocognitive disorders, and attempt to nurture a thought model rooted in basic neurophysiology. Cost: 200.00 (150.00 for RPA members) + 7.00 CE fee as needed. 50% refund for cancellation before 4/15, then only with replacement. Space is limited to 15. To reserve a place, please send check and contact information to: Milt Harris, 95 Montgomery Dr #222, Santa Rosa, CA 95404. miltonharris@google.com.

Announcements and Ads

SOCIAL SKILLS GROUP for young adults (18-29 years old) with neurological disorders (high functioning autism/PDD/Asperger's, nonverbal learning disorder, brain injury, stroke, etc.). This is a 12-week group covering basic social skills to more advanced/subtle social awareness. Peer role-plays with feedback provides practice in a safe environment and encourages social relationship building. We will also address social anxiety issues. \$45 session, full commitment required. Start date will be March 25th. Screening interviews are being conducted now. For more information, contact Peggy O'Toole, Ph.D. (707) 829-5057.

The next newsletter will be delivered in April. Announcements and ads can be sent to me via email at dr@petalumapsychologist.com or you can call me at 227-6511. If you want an ad repeated, let me know that also. Please put "RPA Newsletter" or "Newsletter Ad" in the subject line and include the text in the body of your email. Both ads and announcements of approximately 100 words are free for RPA members and cost \$40 for nonmembers. Rebecca Stadtner, Ph.D.

Welcome to our new RPA members

Russell Schreiber, PsyD
Carolyn Shoshana Fershtman, PhD, JD

Associate Member

Cyndi Lowe, MA

RPA ETHICS COMMITTEE OFFERS CONSULTATION

For consultation regarding ethical issues in your practice, you can contact RPA ethics committee members:

Michael Pinkston (575-7230) - Jan/Feb

Ann Strack (762-6216) - March/April

Bill McCausland (546-5742) - May/June

Jeff Kahn (546-4349) - July/Aug

AND ONE LAST THING. FROM THE EDITOR'S DESK

Hats off to all who have contributed to this particular manifestation of RPA's "web of connection." Whether by writing articles or ads, working behind the scenes to produce, publicize and participate in our events, or simply by reading the newsletter, your presence is palpable and much appreciated. Thanks.

-- Rebecca Stadtner, PhD.

CALENDAR of EVENTS

**Wednesday, March 3rd, 2010 - CE Dinner Meeting with Dorothy Mandel, Ph.D.
"The Neurobiology of Nurture and the Reparative Response of the Heart"**

**Wednesday, April 14, 2010 - CE (Ethics) Dinner Meeting with MaryClare Lawrence,
J.D., "The Hows and Whys of the Professional Will"**

**SPRING SOCIAL GATHERING - WEDNESDAY, MAY 12TH - 5:30 PM
Riviera Restaurant 75 Montgomery Dr., Santa Rosa, CA 95404**

**RPA 2010 membership renewal deadline 2/28. After that date additional fees
required.**

" Ring the bells that still can ring
Forget your perfect offering
There is a crack in everything
That's how the light gets in . . ."

Leonard Cohen, "Anthem"



Check out www.redwoodpsych.org

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