



REDWOOD PSYCHOLOGICAL ASSOCIATION

A Chapter of the California State Psychological Association

P.O. Box 15209 Santa Rosa, CA 95402

RPA DIALOG

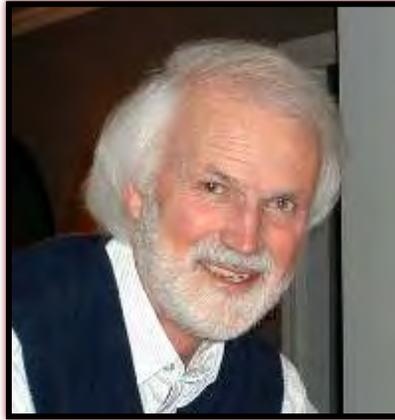
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“Life Springs Anew”

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President's Column

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Ph.D., Michael Pinkston, Ph.D.,
and Bill McCausland, Ph.D.**

Michael Pinkston, Ph.D.

I have been thinking a great deal lately about how fortunate we are to live in an area where there are so many great opportunities for professional development within an easy drive. Unlike many parts of the country, we do not need to rely on "online learning" to save expensive travel costs. Thanks to the energetic efforts of our CE Coordinator Carol Weser and the expertise of our own members and other professionals in Sonoma County, RPA is able to provide interesting CE events on a regular basis, such as our next one on April 19th at Osake Restaurant. Also, thanks to our listserv, we are informed of CE events that are frequently happening in the San Francisco Bay area with a variety of well-known presenters. It is not unusual for us to have to choose between several presentations we might be interested in attending that are happening on the same day. On April 20-23, several of us plan to attend the CPA Annual Convention in Monterey (a few blocks walk from Cannery Row), where a psychologist could easily gain 20 hours of CE while choosing from 4-5 presentations happening at the same time (for about \$300 if you register early). If you have not already visited the CPA website to see the outstanding presentations for this Convention, I encourage you to do so even if you are not able to attend this year.

As I write this, I am preparing to travel to Sacramento for the Annual CPA Lobby Day, where I will be joining CPA members from around our state as we "storm the capitol" to visit the offices of legislators that represent our home districts. I will be joined in these visits by members of the Marin and Napa Chapters. In most cases we actually visit

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President's Message, cont.

with the legislator's staff members, but occasionally we actually are fortunate enough to meet with the legislator in person. I know that one of the bills we will want to talk about this year is SB 1238, which will extend the Board of Psychology until Jan 2017. Many of

***Annual CPA
Lobby Day...
we "storm
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offices of
legislators.***

you will recall that 2 years ago the previous governor wanted to close the Board of Psychology to "save taxpayer money" and have us on a Mental Health Board with representatives from all the Masters level mental health professions, and we would have had 1 psychologist on that Board representing us and our interests as a profession. On the BOP we have 5 psychologists on the board and there are no other mental health professionals making decisions that impact our profession. Once we informed the legislators that no taxpayer money is used for the BOP and it is funded solely by our licensure fees, we had the support of the legislators to continue with

our own board. Now that issue has come up again and with term limits there is much turnover in Sacramento and we cannot assume that current legislators are aware of our unique professional identity within the mental health field and the reasons for keeping our own separate board.

As I have been talking about the need for professional development and the importance of maintaining the identity of the profession of psychology, I am also aware that one of the very important ways to do this is to learn from each other as we interact on a one to one basis in both formal and informal ways. If you were fortunate enough to attend our Holiday Party last December, you will know what I mean. I want to urge all of you (and especially those of you who are new to RPA) to save Wednesday, May 23, as a time to join your fellow RPA members at Riviera Restaurant near Memorial Hospital from 5:30-7 as an opportunity to enjoy meeting and reconnecting with each other. RPA will provide wine and appetizers and any of those who choose to are welcome to remain for a no-host dinner following this event. I look forward to seeing many of you there.

WELCOME to New RPA MEMBERS:

Cressida Forester, Psy.D.

Alisa Liguori, Ph.D.

Beth Wanamaker, Psy.D.



Lea Goode-Harris, Ph.D.

*Listserve Coordinator &
Webmistress*

Dear RPA Members,

I want to express my appreciation for the members who use our listserve. This cyber communication continues to be a great resource and means of connecting and getting to know a bit more about each other. If you are not using the listserve and want to, please contact me for any questions you might have.

The board and I are aware of some of the problems with this particular server (google), which is a separate entity from our website. We have looked into other means of continuing this means of communication and will keep you posted for any changes to come. Until then, please remember that when you hit reply, it goes to the entire listserve. If you want to send to an individual, you must make sure before hitting that send button that the recipients e-mail is in the "To Box."

One way you can help remind each other to do this: When you make a post and want members to contact you back channel, please embed your e-mail in your response. Unless the response is of a personal nature, it is good

for members to respond to the entire listserve. This helps us to know what demographic members serve and gives an idea of who to contact for referrals or to inquire more about the type of work members do.

We all need to be mindful when making a post or response, of what is said about individuals and organizations. The listserve is meant to disperse information, but cannot be negative or libeling in any way. We also need to remember that even though this is a private, members only listserve, we have no control over where your e-mails go after they are sent.

Please remember to not respond to either spam messages or when someone sends out a personal posting by mistake. When a member does make a mistake, it is usually because they are either upset or in too big of a hurry. Contact them back channel to let them know of the error. If something needs to be said on the listserve, start a new thread with a subject line that reflects the content of the message. This makes it easier for me to delete the problematic posting from the archives.

And don't forget that if you do not have a personal website to announce your upcoming workshops or groups we have a member calendar on our website. Just send me the information and I will be happy to post it for you!

Again, if you have any questions about the listserve, website & database, or updating your membership information, please contact me.

Lea Goode-Harris, Ph.D.
RPA Listserve Coordinator & Webmistress
goodeharris@gmail.com
(707) 454-1656



Some Speculations on Attachment Disorders in Prison Populations

By Victor Pacheco, Psy.D.

I'd like to share some thoughts with my private practice colleagues as a psychologist who has worked in corrections for the past 12 years. These are some closely held professional opinions that are not endorsed by California Department of Corrections and Rehabilitation and may not even be shared by my fellow correctional psychologists.

How is correctional psychology relevant to a mostly private practice audience? With Senate Bill 109 diverting a prison population to county probation and local services, my population is coming to an office near you. Second, since corrections accounts for about 10% of the whole California state budget, taxpayers should know how treatment policy is manifested. And psychologist taxpayers might be motivated to advocate for more effective practices.

Let me start with some opinions I cherish, scientific or not. I've always believed that personality derives from temperament, which is apparent within days of birth. For me, temperament is the sum total of biological and genetic influences. Attachment, a fairly new idea for me, must be ensconced prior to personality, parallel with temperament. A different personal/professional opinion: many of us trained psychoanalytically have noticed that working at the level of the

personality appears to alleviate Axis I symptoms. When I recently stumbled upon Bowlby's work on attachment, The Making and Breaking of Affectional Bonds (1969), I found Bowlby to be clinically describing the population of inmates I worked with. Bowlby said that early parental loss before age 10 is a major risk factor for depression, suicidality, psychopathy and persistent delinquency. Maternal loss before age 4 is an even higher risk.

I was struck dumb with the idea of pairing depressive and antisocial phenomena. What if those labeled with antisocial personalities had a depressive foundation and an attachment disorder, as the basis for their pathology? Would my prison psychologist colleagues and I see them and treat them differently?

During this brief essay, you may find yourself annoyed by my casual use of the term "antisocial" (don't I mean psychopath, sociopath, borderline or narcissistic?). Indeed, get 5 psychologists together to discuss these diagnoses, and the fur might fly. We don't have good outcomes in treatment with criminals. Might it be that we haven't developed an accurate theoretical construct? Clinical treatment for criminals (whatever your diagnosis) has been historically difficult, if not impossible. The cost to society in recidivism and victimization is abhorrent. Prison policy is to only provide treatment for 10 specific major

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Children with a history of severe attachment disorder develop aggressive, controlling, and conduct-disordered behaviors that contribute to the development of an antisocial personality

Axis I diagnoses (PTSD isn't one of them). We don't treat sex offenders (only on parole) and substance abuse isn't one of the 10 major diagnoses we treat. (You might scan your body for sensation just now.)

Newman and Mares (2007) reports the evidence for the association between attachment disorganization and psychopathology has grown . . . (as well as) the association between aberrant parenting behavior and disorganized attachment. Children with a history of severe attachment disorder develop aggressive, controlling, and conduct-disordered behaviors that contribute to the development of an antisocial personality (Levy and Orlans, 2004). As early as the latency years and preadolescence, these children exhibit a lack of conscience, self-gratification at the expense of others, lack of responsibility, dishonesty, and a blatant disregard for the rules and standards of family and society. Teenage boys who have experienced attachment difficulties early in life are 3 times more likely to commit violent crimes (Raine, 1993). Disruption of attachment during the crucial first three years of life can lead to "affectionless psychopathy": the inability to form meaningful emotional relationships, coupled with chronic anger, poor impulse control, and a lack of remorse (Bowlby, 1969).

Bowlby worked with Renee Spitz in orphanages during WWII, where infants died of a condition that Spitz called "failure to

thrive." Spitz coined another term – anaclitic depression, where being hospitalized as an infant for prolonged periods lead to early emotional deprivation through the loss of a loved object. After 5 months, serious medical deterioration occurred resulting in death. Physical recovery was prompt if the loved object/caretaker returned within 3-5 months. You might "You Tube" Renee Spitz, who documented his work in heartbreaking black and white video. (By the way, it's one of the only places "smearing feces" is ever clinically described and documented.)

Although we rarely see a full-blown failure to thrive, we more regularly see less severe variations. There are many circumstances that interfere with early bonding: abuse/neglect, parental substance abuse, foster care, complex medical conditions requiring prolonged early medical hospitalization, undiagnosed/untreated painful illnesses, lack of attunement, divorce, parents in jail/prison, military deployment, etc. I believe such attachment disruptions certainly could result in varying degrees of intellectual, emotional and relationship deficits.

Recall Harlow's monkeys - emotionally deprived and socially isolated during early life – as adolescent and adult monkeys, those so deprived, showed specific patterns of behavior - what could be considered

Teenage boys who have experienced attachment difficulties early in life are 3 times more likely to commit violent crimes (Raine, 1993).

"antisocial behavior." As adults, the attachment deprived monkeys didn't socialize with their peers- they were aggressive, they were sexually awkward and

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sexually aggressive, they were fearful and anxious, easily over stimulated, harassed (bullied) by their peers, and since they weren't groomed by an adult monkey, they were poorly groomed. Harlow's description fits a large chunk of the prison (and state hospital?) population, nearly to a tee.

Few would be surprised that many prisoners have horrendous psychosocial histories replete with attachment failures. Or that those who commit chronic, outrageous acts of violence have the most damaging early experience. Sometimes a criminal act can be traced to family of origin reenactment. Sometimes, criminal acting out can be traced to lifelong patterns of maladjustment and violating the rights of others. Our dilemma, as psychologists in corrections, is where and how do we intervene with adults with this type of history? As we teach our interns, first you have to have a coherent theoretical model of diagnosis to inform treatment.

Providing excellent treatment for the wrong problem isn't effective.

So what if antisocial/psychopathy/borderline/narcissistic meant attachment disordered? Well, to begin with, you couldn't bill for it, since it's not listed in the DSM-IV (for adults) nor is it on the planning table for DSM-V. Using attachment disorders as a construct might be useful . . . except, I'm not sure we have evidence based treatments for adults - yet. I have some personal/professional ideas on treatment, but I'm going to let that dangle for the moment to stir the RPA's collective energy. Let me invite you to discuss this on the RPA listserv and to share some of your own personally held beliefs on the subject.

Research/literature references provided upon request. Contact Dr. Victor Pacheco via the RPA listserv.

APRIL CE EVENT

Thursday, April 19, at 6 PM at Osake Restaurant (menu of tempura and avocado roll)

Presenter: Adair Look, M.D. 1.5 CE credits

"Eating Disorders." Local psychiatrist, Adair Look, M.D., will present on eating disorders, including anorexia nervosa, bulimia nervosa and eating disorder NOS. Topics will include diagnosis and medical urgency, immediate consequences and long term consequences. She will also discuss the psychological and pharmacological treatment of eating disorders.

Register by April 12 for meal discount of \$27. See registration form on page 14.

MAY NETWORKING EVENT

Wednesday, May 23, 5:30 PM - 7:30 PM @ Riviera Ristorante 75 Montgomery Drive in Santa Rosa.

Come and meet old and new RPA members at our annual spring networking social. Appetizers & wine provided. No-host dinner following.



Greg Troll and Ritch Addison



Andrew Leeds

February & March CE Events

On February 8, Ritch Addison, Ph.D., and his co-presenter Greg Troll, M.D., guided an eager group of volunteers through a Balint supervision group session as part of their presentation. Both audience and group participants obtained a real feel for the techniques used and it was a very enriching experience.

On March 14, local expert trainer in EMDR, Andrew Leeds, Ph.D., provided a thorough overview of the research findings showing benefits from EMDR for an array of mental health disorders and symptoms. Dr. Leeds also answered questions from event attendees related to varied aspects of the treatment.



Richard Giovannoli and Tony Madrid



Carol Weser having fun at the sign-in table



Anne Tomin and Anna Elberger



Kathy Hargitt and Lea Goode-Harris



The Lomi Psychotherapy Clinic: Providing Needed Services in the Community

By Peggy O'Toole, Ph.D.

Vice President and Newsletter Editor

The Lomi Psychotherapy Clinic was founded in Santa Rosa 25 years ago in order to fill the need in our community for sliding scale mental health services, as well as to provide training for mental health interns and post doctoral trainees. Today, the clinic has about 30 clinicians, comprised of licensed staff and trainees. They will provide about 10,000 hours of mental health services this upcoming year. They offer treatment with a variety of approaches, generally using an integrative treatment tailored to client needs, including: crisis counseling, brief evidence-based treatment models, psychodynamic therapy, CBT, relational therapy, etc. Lomi's special area of focus is on a mindfulness-based and somatic approach. Thomas Pope, LMFT, the Clinical Director and co-founder, said that the clinic used this approach long before it became mainstream, and that he's pleased to see the practice gain widespread appeal due to its usefulness for clients.

The group at Lomi recently was awarded a new grant (funded by the Mental Health Services Act/Proposition 63) to provide psychotherapy for Medi-Cal patients. These services will be provided in conjunction with the Sonoma County Mental Health Access Team, who will provide case management. Mr. Pope indicated that four interns will cover a total of 60-80 client hours per week under this grant. These trainees will gain

valuable experience for possible future careers in public mental health.

Lomi's counseling program provides sliding scale treatment based on income for people in need in our community. The Lomi Legacy Program offers free, brief-therapy crisis care to those who have no resources. Their clients include people who are struggling with such issues as homelessness, recent prison release, chronic mental illness, addiction, family reunification, trauma, domestic violence, and



difficulty managing anger. For many clients, goals include helping to stabilize them and to help them learn new coping skills. Treatment modalities include adults, couples, children, groups, and families. Given the cost of providing such treatment, donations from the community and other funding allow them to maintain their commitment to helping the most vulnerable in our community have access to mental health care. "We can't just raise our rates, as clients would not be able to

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afford the care they need,” said Mr. Pope, “Every year we need to raise about \$75,000 for our general fund to make up the difference between the fee we charge and the cost of the treatment.” Buying their building on B Street last year allowed the Lomi clinic to lower their overhead, better enabling them to meet this goal of maintaining such low-fee/free treatment programs.

Mr. Pope, referring to his years of experience working with the clinic, said, “It’s a lot of work; it can be stressful, but it’s also a blessing. Working in this clinic has opened my eyes tremendously to the amount of suffering in our community and a lack of

resources for people in poverty. It also has shown the incredible resiliency and ability to heal that we humans have, given a little care and attention.”

Contact the Lomi Psychotherapy Clinic for donations or referrals: <http://www.lomi.org> Referrals to the clinic should call (707) 579-0465, extension 227 for the intake line. Clinicians wishing to provide additional information about a patient can reach Thomas Pope at extension 225 or Ayne Shore, Program Director, at extension 230.

2012 California Psychological Association Convention

April 19 - 22, 2012

Monterey Marriott - Monterey, CA

The annual CPA Convention will be in Monterey this spring. The theme is "Enhancing Today--Preparing for Tomorrow," with a focus on practice in psychology and emerging issues for psychologists. Master Lecturers and presenters include:

Dr. Lonnie Barbach: The Language of Intimacy

Dr. Gail Goodman: Enhancing Children's Eyewitness Testimony

Dr. Philip Erdberg: Personality Disorder, the DSM-V, and the Neuroscience of Psychological Assessment

Dr. Alan Goldstein: Evaluating Capacity to Waive Miranda Rights: Recent Legal Decisions, Research & Revised Assessment Instruments

Dr. John Briere: Complex Psychological Trauma: New Directions in Assessment and Treatment

Also: An interactive panel presentation on: Virtual Reality; Health Psychology; Psychological Consultation in Behavioral, Medicine/Integrated Care Settings; A Day in the Life of the CPA Ethics Committee; Clinical Supervision: Advanced Supervision Practice; Forensic Neuropsychology: Capacity Evaluations and the Older Adult and Criminal Forensic Evaluations and the Neuropsychologist.

For more information and online registration:

<http://www.cpapsych.org/displaycommon.cfm?an=1&subarticlenbr=24>

New member introductions:



Cammy Michel, Ph.D., Licensed Clinical Psychologist, PSY 24688. Cammy is a Clinical Psychologist with a private practice in Sebastopol, CA. Her passions include helping others to navigate difficult life transitions, especially adolescents, young adults, mothers, and elders. She specializes in movement and art therapies, based on her 20 year practice with Authentic Movement and in the mental health fields. She welcomes new clients and accepts Medicare and some other health insurance plans.

Cressida Forester, Psy.D.

I have been meeting with people in a range of settings since 1986, and am currently in private practice in both San Francisco and downtown Sonoma, treating adults and elders. My specialties are in trauma and dissociation, and body-related issues. My approach is relational, collaborative, and culturally respectful, influenced by Attachment, Trauma, BodyMind, and Psychoanalytic perspectives. Since 2003 I've supervised trainees, interns, post-docs and licensed clinicians. I currently supervise for the Access Institute and the Wright Institute.



I provide workshops for clinics throughout the Bay Area, on trauma and dissociation, crises and self-harm, the body in psychotherapy, and therapist self-care.



Alisa Liguori, Ph.D.

I specialize in adult and older adult medical psychology. I am licensed, in private practice in Santa Rosa, and am a Health Educator at Kaiser-Permanente, SR. My approach is integrative, and includes CBT, behavioral medicine, mindfulness practices and teaching around the relaxation response, hypnotherapy, existential therapy, and dream analysis. Other interests include physical fitness, nutrition, and creativity. My patients include those diagnosed with a wide variety of medical conditions ranging from obesity to cancer, chronic pain and

diabetes, as well as individuals recovering from accident or injury. My website is www.northbaymedpsych.com, and my phone is 707-546-7661.

Katherine Hargitt, Psy.D.

I work under supervision as a Psychological Assistant, and provide individual/group psychotherapy to children/teens/young adults in Sonoma/Marin Counties. I bring decades of experience working with youth, here and abroad. My theoretical orientation draws upon strength-based, trauma informed, psychodynamic, CBT, and mindfulness based (DBT skills) approaches to mental health, in addition to Expressive Therapies. My expertise is on the issue of human/child trafficking and the psychosocial rehabilitation of survivors. I train professionals/volunteers to identify and assist this population. I also give talks on a variety of topics and offer parenting consultation. I received my Doctorate in Clinical Psychology from the CIIS.



Announcements and Ads

REFERRING TO AN OUTDOOR OR RESIDENTIAL TREATMENT PROGRAM? Educational consultants, in collaboration with referring mental health professionals, work with families to identify appropriate therapeutic treatment options for struggling students. Bob Casanova is an experienced, licensed marriage and family therapist who provides realistic, comprehensive recommendations to Therapeutic Schools, Residential Treatment Centers and Outdoor Therapeutic Programs for teens and young adults who need help coping with emotional, behavioral or psychological concerns. Bob Casanova, Educational Consultant, (707) 526-5800

TWO MORE DAYS LEFT! WONDERFUL PART TIME OFFICE FOR RENT in Waterfall Towers, Santa Rosa with a group of friendly competent therapists. Available at \$125 a month per day; Tuesday and/or Friday available. Nicely furnished (suitable for male or female therapist), kitchen with purified water, frig, microwave and dishes, waiting room with variety of magazines, elevator building, plenty of parking, handicapped accessible, copy machine, wi-fi possible, and easy walking to Farmer's Lane plaza with its restaurants and Rite Aid. Available April 1 for all of 2012. Contact Carol Weser at (707) 526-2288 or humanone@sonic.net

HEALING, MINDFULNESS & COMPASSION is a retreat that will explore the integration of Western medical perspectives and traditional Tibetan healing practices. Through sessions on Tibetan Meditation, Kum Nye (Tibetan yoga) and Balint (a method that explores the provider/patient relationship), participants will develop a more refined and holistic approach to healing. The program will be held at the architecturally exquisite Ratna Ling Retreat Center on the beautiful northern Sonoma County coast, from April

20-22, 2012. Continuing Education for Physicians, Nurses, MFT, LCSW, and Acupuncturists. To register: <http://www.tibetanaidproject.org/news-events/healing-retreat.html>

Questions to Ritch Addison, PhD
576-9813 raddison@sonic.net

COMPLETE SAND TRAY SET-UP FOR SALE. I'm selling my Sand Tray, Cover, Table(low), and extensive collection of Miniatures. Over a thousand pieces, collected from exotic locales, over twenty-five years. Act now, and I'll throw in miscellaneous Play Therapy tools: Games, Puppets, Dolls, etc., and my Jungian Symbol Dictionaries, and Encyclopedias. \$950./ or Best Offer. Charles Pengra, PhD.
707-583-2360; or cpengra@sonic.net

EMDR TRAINING FOR CLINICIANS
Complete training over four weekends in Alameda. Saturdays and Sundays: September 8 & 9, September 29 & 30, October 27 & 28, December 1 & 2, 2012. Non-profit, agency and pre-licensed discounts available. BBS and MCEP approved for 47.5 CE Credits. This all inclusive training meets and exceeds EMDR International Association standards. Sonoma Psychotherapy Training Institute, Andrew M. Leeds, Ph.D. Director of Training, EMDRIA and EMDR Europe Approved Trainer and author of A Guide to the Standard EMDR Protocols for Clinicians, Supervisors, and Consultants, Springer Publishing Company. Full details: <http://www.sonomapti.com/basictraining.html> or call (707) 579-9457.

CE OPPORTUNITY: For APA approved CE units focused on the interface between spirituality and psychology/psychotherapy, check out David Lukoff, PhD's Spiritual Competencies Resource Center website, <http://www.spiritualcompetency.com/>
Topics include: "DSM: Religious and

Announcements and Ads

Spiritual Problems,” “Mindfulness and Mental Health,” “Spiritually-Oriented Interventions,” and “Ethical Issues in Spirituality.” Lessons include written text and audio-visual experiences plus links to related articles and abstracts. All lessons can be taken for free. There is a modest charge for CEs. Recent additions: Five lessons on forgiveness in clinical practice. Coming soon: Lessons on self-compassion as a clinical intervention. David is a professor at the Institute for Transpersonal Psychology.

THE RED BOOK AND JUNG'S

PSYCHOSPIRITUAL CRISIS: Dates:

Friday, June 8, 2012, 7pm-9pm, Saturday, June 9, 2012, 10am-5pm. Location: TBA. On Friday evening we give a history and relevance of the Red Book. On Saturday, we use Jung's journey and the Red Book as a frame for working with the role of images, symbols and inner figures through the technique of Active Imagination. CEU (application pending) Presenters: Sam Kimbles, Ph.D., Psychologist, Jungian Analyst. Sara Phillips, MA, Spiritual

Director Women Mysteries. For Information: Sam Kimbles, Ph.D. 707-544-6647 or email: drsamkimbles@gmail.com

Submitting ads and announcements to the RPA Dialog:

Items are free to members and cost non-members \$40. Each item is limited to 100 words or less. Our next newsletter will be delivered in June. Deadline for submissions is May 26, 2012.

Send your ad in the body of an email (no attachments). Submissions will be acknowledged with a return email.

Submit items to the Newsletter Editor: Peggy O'Toole, Ph.D., At peggyotoole8@gmail.com

RPA Ethics Committee Offers Consultation

Our Ethics Committee welcomes questions about ethical issues in your practice. Dr. Ann Strack is available during the month of February to consult with you about any ethical concerns you may have. Dr. Jeff Kahn is your consultant for the month of April, and Dr. Michael Pinkston is consultant for May and June.

Ann Strack (762-6216) - Jan./Feb.

Jeff Kahn (546-4349) - Mar./Apr.

Michael Pinkston (575-7230) - May/June

Bill McCausland (546-5742) - July/Aug

Redwood Psychological Association

P.O. Box 15209
Santa Rosa, CA 95402

RPA Event Registration Form

6:00 PM

Name(s): _____

Date of Event: _____

Event Title: _____

Location of Event: _____

Note: Location may change for each presentation, please check website: redwoodpsych.org, listserve, and/or newsletter for the address.

Pre-registered dinners (\$27 per person, tax/tip included) _____ @ \$27/person
(early registration must be postmarked 1 week before event)

Non-pre-registered dinners (\$35 per person, tax/tip included) _____ @ \$35/person

No dinner (\$10.00 per person cover charge) _____ @ \$10/person

Optional 1.5 CE (\$15) _____ @ \$15/person

Amount Enclosed: \$ _____
(No refund or credit- cancellation received as a donation)

Bar is no-host; please pay for drinks at time of service
No outside food of course

Please contact Carol Weser at: humanone@sonic.net if you have any questions, or need a vegetarian meal, but mail this form and your check to RPA at the above P.O.Box.

**In order to insure CE credits and/or to be registered for an event,
please enclose this registration form with your check!**

*The California Psychological Association (CPA) is approved by the American Psychological Association (APA) to sponsor continuing education for Psychologists, LCSW's, and MFT's, (BBS provider number PCE5015). CPA maintains responsibility for this program and its content.

Important Notice: Those who attend the workshop and complete the CPA evaluation form will receive (number of credits) continuing education credits. Please note that APA CE rules require that we only give credit to those who attend the entire workshop. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credits. For learning objectives, instructor credentials and/or refund/cancellation policy please contact Carol Weser, Ph.D., CE coordinator for Redwood Psychological Association.

CALENDAR OF EVENTS:

April 19 - 22 CPA Annual Convention at Monterey Marriott

April 19 CE Event at Osake:

Adair Look, M.D.: *"Eating Disorders"*

May 23 Spring Networking Event at Riviera Ristorante

5:30pm-7:30pm Appetizers, wine, and socializing; No-host dinner afterward

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Association
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